



1, 2, 3, 4

Choreographers:	Music: CD "The Reminder", Feist, Track 9
Annette & Frank Woodruff	Footwork: Opposite except where indicated (<i>W's footwork in parentheses</i>)
Rue du Camp, 87	Rhythm: Jive
7034 Mons, Belgium	Phase: V+2 (Rolling Off the Arm, Simple Spin) + 1 (Glide to the Side)
Tel: 00 32 65 73 19 40	Release date: September 2008
Fax: 00 32 65 73 19 41	Time & Speed: 3:00 at unchanged speed
E-mail: anfrank@skynet.be	Sequence: Intro – AA – B – Inter – C - Ending

INTRODUCTION

1 - 2	Wait;;	LOP-FCG WALL wt 2 meas;;
3 - 4	Link & Whip Turn;;	Apt L, rec R, chasse fwd L/R, L to CP RLOD; XRib (<i>W sd L</i>), sd L (<i>W fwd R btw M's ft</i>), chasse sd & bk R/L, R to BFLY WALL;

PART A

1	Traveling Sandstep;	Sswvlg RF (<i>W LF</i>) on R tch L toe to instep of R ft, swvlg LF (<i>W RF</i>) on R sd L, swvlg RF (<i>W LF</i>) on L tch heel to floor toe ptd to DRW, swvlg LF (<i>W RF</i>) on L XRif;
2	Chasse L & R;	Sd L/cl R, sd L, sd R/cl L, sd R;
3	Traveling Sandstep;	Rpt meas 1-2 Part A;;
4	Chasse L & R;	
5 - 6	Stop & Go;;	Apt L, rec R, leadg W to trn LF fwd L/cl R/ fwd L; catchg W with R hnd on W's L shldr blade rk fwd R, rec L, bk R/cl L, bk R (<i>W apt R, rec L, trn 1/2 LF undr ld hnds R/L, R to end at M's R side; rk bk L, rec R, trn 1/2 RF undr ld hnds L/R, L</i>) to LOP-FCG WALL;
7 - 8	Glide to the Side;;	Apt L, rec R to CP, fwd & sd com RF trn/cl R cont turn, sd L contg trn [like 2/3 R Trng Fallaway] relg hold to LOP-FCG COH; keepg ld hnds jnd & trl hnds xtnd to sd travl to LOD sd R, XLif, sd R/cl L, sd R;
9 - 10	Lindy Catch;	Apt L, rec R, twds W's R fwd L/R, L trng RF arnd W relg L hnd & placing R hnd on frt of W's R hip (<i>W apt R, rec L, fwd R/L, R extg both arms fwd & leang fwd in reachg action or other armwork if preferred</i>); cont arnd W fwd R, fwd L to fc WALL, cont circ fwd R/L, R (<i>W bk L, R, bk L/cl R, bk L</i>) to LOP-FCG COH;
11 - 12	Link & Whip Turn to BFLY;;	Rpt meas 3-4 Intro to BFLY COH;;

PART B

1 - 2	Vine 8;;	Sd L, XRib (<i>W XLib</i>), sd L, XRif (<i>W XLif</i>); sd L, XRib (<i>W XLib</i>), sd L, XRif (<i>W XLif</i>) to BFLY WALL;
3	Throwaway;	Chasse fwd L/R, L (<i>W folds in frt of M R/L, R</i>), chasse sd & fwd R/L, R (<i>W chasse sd & bk L/R, L</i>) to LOP-FCG LOD;

4 - 8	Change R to L to BFLY COH ~	Apt L, rec R, sd L/cl R, sd L trn 1/4 LF; sd & fwd R/cl L, sd R (<i>W apt R, rec L, sd R/cl L, fwd R trng 3/4 RF undr ld hnds; sd & slightly bk L/cl R, sd & bk L</i>) to BFLY COH,
	Spanish Arms 2x ~	Apt L, rec R jng both hnds; chasse L/R, L trng 1/4 RF but ldg W to trn LF undr raisd ld hnds to a mom WRP, chasse R/L, R contg 1/4 RF trn & ldg W to unwrp RF to BFLY WALL; apt L, rec R, chasse L/R, L trng 1/4 RF but ldg W to trn LF undr raisd ld hnds to a mom WRP; chasse R/L, R contg 1/4 RF trn & ldg W to unwrp RF to BFLY COH,
	Rock Apart Recover;;;;;	Apt L, rec R;
9 - 10	Vine 8;;	Rpt meas 1-2 Part B to BFLY COH;;
11	Throwaway;	Rpt meas 3 Part B to LOP-FCG RLOD;
12 - 14	Change R to L BFLY WALL ~	Apt L, rec R, sd L/cl R, sd L trn 1/4 LF; sd & fwd R/cl L, sd R (<i>W apt R, rec L, sd R/cl L, fwd R trng 3/4 RF undr ld hnds; sd & slightly bk L/cl R, sd & bk L</i>) to BFLY WALL,
	Spanish Arms to HNDSHK;;;;	Apt L, rec R jng both hnds; chasse L/R, L trng 1/4 RF but ldg W to trn LF undr raisd ld hnds to a mom WRP, chasse R/L, R contg 1/4 RF trn & ldg W to unwrp RF & chg handhold to R HNDSHK COH;
15 - 16	Miami Special ~	Apt L, rec R, fwd L/cl R, fwd L trn 3/4 RF ldg W to trn LF undr jnd hnds put jnd hnds over M's hd so hnds rest bhd M's neck; sd R/cl L, sd R (<i>W apt R, rec L, fwd R/cl L, fwd R trng LF 3/4 undr jnd hnds; sd L/cl R, sd L releasg hnds & slidg R hnd down M's L arm</i>) to LOP RLOD,
	Simple Spin;;	Sd & bk L trng LF ldg W to spin RF & rel hnds, cl R (<i>W sip R sping RF full trn, sip L comp spin</i>) to LOP-FCG WALL;

INTERLUDE

1 - 2	Lindy Catch;;	Rpt meas 9-10 Part A to LOP-FCG WALL;;
3 - 4	Link & Whip Throwaway;;	Apt L, rec R, chasse fwd L/R, L to CP RLOD; XRib (<i>W sd L</i>), sd L (<i>W fwd R btw M's ft</i>), chasse sd & apt R/L, R to LOP-FCG WALL;
5 - 6	Lindy Catch;;	Rpt meas 9-10 Part A to LOP-FCG WALL;;
7 - 8	Link & Whip Turn;;	Rpt meas 3-4 Intro to CP WALL;;
9	Rock Back Recover Side Close;	Rk bk L to SCP, rec R to CP, sd L, cl R;

PART C

1	2 triples;	Blendg to SCP LOD fwd L/cl R, fwd L, fwd R/cl L, fwd R;
2	Swivel Walk 4;	Wlk L, R, L, R w/ swvlg action;
3	Throwaway;	Rpt meas 3 Part B;
4 - 7	Shoulder Shove to HNDSHK ~	Rk apt L, rec R, trng RF 1/4 sd L/cl R, sd L to tch ld shldr tog; trng 1/4 LF sd R/cl L, sd R chg hndhold to R HNDSHK LOD,
	Triple Wheel to HNDSHK COH;;;;	Rk apt L, rec R; whlg RF L/R L trn twd W to tch her bk w/ L hnd (<i>W whl RF trng awy from ptr</i>), cont RF whl R/L, R trng awy from W (<i>W cont RF whl trng twd ptr to tch his bk w/ L hnd</i>); cont RF whl L/R, L trng twd ptr to tch her bk (<i>W whl RF trng awy from ptr R/L, R free-spinng RF on R ft to fc</i>), sd chasse R/L, R to R HNDSHK WALL;
8 - 10	Double Rock apart to a Triple Wheel to face HNDSHK RLOD;;;;;	Apt L, rec R, apt L, rec R; whlg RF L/R L trn twd W to tch her bk w/ L hnd (<i>W whl RF trng awy from ptr</i>), cont RF whl R/L, R trng awy from W (<i>W cont RF whl trng twd ptr to tch his bk w/ L hnd</i>); cont RF whl L/R, L trng twd ptr to tch her bk (<i>W whl RF trng awy from ptr R/L, R free-spinng RF on R ft to fc</i>), sd chasse R/L, R to R HNDSHK RLOD;

11 - 12	Rolling Off the Arm to fc WALL;;	Apt L, rec R trng 1/4 RF, sm chasse fwd L/R, L (<i>W fwd R/L, R wrpg LF into crook of M's R arm</i>) to both fc COH; w/ L arms xtnded W's L hnd on M's L wrist wheel 3/8 RF fwd R, L (<i>W bk L, R</i>), trng 1/8 RF to fc ptr chasse fwd R/L, R (<i>W rollg RF out of M's arm L/R, L</i>) to LOP-FCG WALL;
13 - 17	Pretzel Turn w/ Double Rock Forward ~	Rk bk L to SCP LOD, rec R, trng twd each other [M RF & W LF] & retaing ld hnds jnd low thruout chasse L/R, L; contg trn chasse R, L, R to end in slight V-bk-to-bk pos DLC (<i>W DLW</i>) w/ ld hnds still jnd bhd bk, xtndg free hnd twd LOD dip fwd L, rec R; dip fwd L, rec R, trng awy from each other [M LF & W RF] chasse L/R, L; contg trn chasse R/L, R to BFLY WALL,
	Jive Walks;;;;;	Rk bk L to SCP LOD, rec R; fwd L/cl R, fwd L, fwd R/cl L, fwd R;
18	Swivel Walk 4;	
19	Throwaway;	Rpt meas 2-3 Part C
20 - 22	Shoulder Shove ~	Apt L, rec R, trng RF 1/4 sd L/cl R, sd L to tch ld shldrs tog; trng 1/4 LF sd R/cl L, sd R to LOP-FCG LOD,
	Change L to R;;;	Apt L, rec R; sd L/cl R, sd L trng 1/4 RF (<i>W trn 3/4 LF undr jnd ld hnds R/L, R</i>), twd RLOD sd R/cl L, sd R to LOP-FCG WALL;
23 - 24	American Spin ~	Apt L, rec R, sd L/cl R, sd L; sd R/cl L, sd R (<i>W apt R, rec L, sd R/cl L, sd R spin RF full trn; sd L/cl R, sd L</i>) to LOP-FCG WALL,
	Rock Apart Recover to BFLY;;	Apt L, rec R to BFLY WALL;

ENDING

1	Traveling Sandstep;	Rpt meas 1 – 4 Part A
2	Chasse L & R;	
3	Traveling Sandstep;	
4	Chasse L & R;	
5	Apart Point;	Apt L, pt R twd ptr, -, -;



Leslie Feist (born 1976 in Nova Scotia) is a Canadian singer-songwriter. She performs as a solo artist under the name **Feist** and as a member of the indie rock group Broken Social Scene. Feist's third solo album, *The Reminder*, was released in April-May 2007. She toured worldwide to promote the album. The album features "1234", a song co-written by New Buffalo's Sally Seltmann, that became a surprise hit after being featured in a commercial for the iPod nano, hitting #8 in the US, a rare feat for indie rock musicians and even more notable since it hit the Top Ten on the strength of downloads alone. At the 2008 Juno Awards on 6 April 2008 in Calgary, Alberta, she was the top winner with five awards, including Songwriter, Artist, Pop Album, Album and Single of the Year.

One, two, three, four
 Tell me that you love me more
 Sleepless long nights
 That is what my youth was for

Old teenage hopes are alive at your door
 Left you with nothing but they want some more

Oh, you're changing your heart
 Oh, You know who you are

Sweetheart bitterheart now I can't tell you apart
 Cosy and cold, put the horse before the cart

Those teenage hopes who have tears in their eyes
 Too scared to own up to one little lie

One, two, three, four, five, six, nine, or ten
 Money can't buy you back the love that you had
 then

One, two, three, four, five, six, nine, or ten
 Money can't buy you back the love that you had
 then

For the teenage boys
 They're breaking your heart