



# 7 LONELY DAYS

<b>Choreographers:</b>	<b>Release Date:</b> May 2006
<b>Annette &amp; Frank Woodruff</b>	<b>Rhythm &amp; Phase:</b> 2-step II
Rue du Camp, 87	<b>Music:</b> Track 7 of CD album “The Best of Georgia Gibbs-The Mercury Years” or MP3 download.
7034 Mons, Belgium	<b>Footwork:</b> Opposite except where indicated ( <i>W's footwork in parentheses</i> )
Tel: 00 32 65 73 19 40	<b>Teaching Tool:</b> Right Turning Box & Door
	<b>Time &amp; Speed:</b> 2:06 at unchanged CD speed
<b>annetteanddfrank@gmail.com</b>	<b>Sequence:</b> A – B – A – Bridge – C - Ending

## INTRODUCTION

<b>1 - 2</b>	<b>Wait;;</b>	OP-FCG WALL wt 2 meas;;
<b>3</b>	<b>Apart Point;</b>	Apt L, -, pt R, -;
<b>4</b>	<b>Together Touch to SCP;</b>	Tog R to SCP LOD, -, tch L, -;

## PART A

<b>1 - 2</b>	<b>Two Forward Two Steps;;</b>	Fwd L, cl R, fwd L, -; fwd R, cl L, fwd R trng to CP WALL, -;
<b>3 - 4</b>	<b>Box;;</b>	Sd L, cl R, fwd L, -; sd R, cl L, bk R, -;
<b>5 - 8</b>	<b>Left Turning Box;;;</b>	Sd L, cl R, fwd L trng LF ¼, -; sd R, cl L, bk R trng LF ¼ to CP COH, -; rpt meas 5-6 Part A to CP WALL;;
<b>9</b>	<b>2 Side Closes;</b>	Sd L, cl R, sd L, cl R;
<b>10</b>	<b>Side Draw Close;</b>	Sd L, draw R, cl R, -;
<b>11-12</b>	<b>Reverse Box;;</b>	Sd L, cl R, bk L, -; sd R, cl L, fwd R, -;
<b>13-16</b>	<b>Right Turning Box;;;</b>	Sd L, cl R, trng ¼ RF bk L, -; sd R, cl L, trng ¼ RF fwd R, -; rpt meas 13-14 Part A;;

## PART B

<b>1</b>	<b>Face to Face;</b>	Blendg to BFLY sd L, cl R, trng 3/8 LF sd & fwd L to V-BK-TO-BK, -;
<b>2</b>	<b>Back to Back;</b>	Sd R, cl L, trng to OP LOD sd & fwd R, -;
<b>3 - 4</b>	<b>Basketball Turn;;</b>	Fwd L stg to trn RF twd ptr, -, rec R contg trn to fc RLOD, -; fwd L to RLOD stg to trn RF twd COH, -, rec R to OP LOD, -;
<b>5 - 6</b>	<b>Circle Away in 2 Two-steps;;</b>	Circg awy LF fwd L, cl R, fwd L, -; contg circ fwd R, cl L, fwd R trng to fc ptr, -;
<b>7 - 8</b>	<b>Strut Together in 4;;</b>	Tog L, -, R, -; L, -, R to BFLY WALL,-;
<b>9 - 10</b>	<b>Door both ways to OPEN;;</b>	Rk sd L, rec R, XLif ( <i>W Xif</i> ), -; rk sd R, rec L, XRif ( <i>W Xif</i> ) to OP LOD, -;
<b>11</b>	<b>Run 4;</b>	Fwd L, R, L, R;
<b>12</b>	<b>Walk 2 to BFLY;</b>	Fwd L, -, fwd R trng to BFLY WALL, -;
<b>13-14</b>	<b>Door both ways;;</b>	Rpt meas 9-10 Part B;;
<b>15</b>	<b>Side-2-step;</b>	Sd L, cl R, sd L, -;
<b>16</b>	<b>Behind Side Thru to SCP;</b>	W/ slt lift to ball of L ft & CW flare of R leg XRib ( <i>W Xib</i> ), sd L, thru R to SCP LOD, -;

## BRIDGE

<b>1</b>	<b>Side-2-Step;</b>	Rpt meas 15-16 Part B;;
<b>2</b>	<b>Behind Side Thru to SCP;</b>	

## PART C

<b>1 - 2</b>	<b>Two Forward Two Steps;;</b>	Rpt meas 1-2 Part A;;
<b>3</b>	<b>Cut Back 2x;</b>	XLif, bk R, XLif, bk R;

4	Dip Back & Recover to CP;	Bk L w/ soft knee, -, rec R trng to CP WALL, -;
5 - 8	Right Turning Box;;;;	Rpt Meas 13-16 Part A;;;;
9	Limp;	Sd L, XRib bendg both knees, sd L w/ straight legs, XRib bendg both knees;
10	Walk 2;	Trng to LOD fwd L, -, fwd R, -;
11-12	Two Forward Two Steps;;	Rpt meas 1-2 Part A;;
13	Scoot;	Fwd L, cl R, fwd L, cl R;
14	Walk & Face;	Fwd L, -, fwd R trng to CP WALL, -;
15	Side-2-Step;	Rpt meas 15-16 Part B;;
16	Behind Side Thru to SCP;	

**ENDING**

1	Twirl 2;	Raisg jnd ld hnds fwd L, - fwd R ( <i>W twrl RF undr jnd hnds R, -, L</i> ) to SCP LOD, -;
2	Walk 2 to CP;	Fwd L, -, fwd R trng to CP WALL, -;
3	Side Draw Close;	Sd L, draw R, cl R, -;
4	Apart Point	Apt L, -, pt R twd ptr, -;



Fredda Gibson, aka Georgia Gibbs, was the youngest of four children. Her father passed away when she was six months old and she spent her first seven years in an orphanage in Worcester where she was separated from her other siblings. Turning to music for solace, it was discovered that she possessed a natural talent for singing and she began singing in Boston ballrooms as a teenager then made her recording debut in 1938. She enjoyed her commercial prime, though, on Mercury, for whom she recorded hit after hit from 1951 to 1956. The tango-tinged "Kiss of Fire," which went all the way to number one in 1952, was the biggest and best of these. Her very White, pop-oriented takes on "Tweedle Dee" (late 1954) and "Dance with Me Henry" (early 1955) are what she remains most notorious for.

**SEVEN LONELY DAYS – Woodruff – TS II – Georgia Gibbs – 3:06****INTRO (4 meas)**

OP-FCG WALL Wait 2 ;; Apt Pt ; Tog Tch to SCP ;

**PART A (16 meas)**

2 Fwd 2s ;; Box ;; L Turning Box ;;;; 2 Side Closes ; Side Draw Cl ;  
Reverse Box ;; R Turning Box ;;;;

**PART B (16 meas)**

Fc to Fc ; Bk to Bk ; Basketball Turn ;; Circle Away in 2 Two-Steps ;;  
Strut Tog in 4 to BFLY ;; Door Both Ways to OP ;; Run 4 ;  
Walk 2 to BFLY ; Door Both Ways ;; Side-2-Step ; Behind Sd Thru to SCP ;

**PART A (16 meas)**

2 Fwd 2s ;; Box ;; L Turning Box ;;;; 2 Side Closes ; Side Draw Cl ;  
Reverse Box ;; R Turning Box ;;;;

**BRIDGE (2 meas)**

Side-2-Step ; Behind Sd Thru to SCP ;

**PART C (16 meas)**

2 Fwd 2s ;; Cut Bk 2x ; Dip Bk & Rec to CP ; R Turning Box ;;;;  
Limp ; Walk 2 ; 2 Fwd 2s ;; Scoot ; Walk & Fc ;  
Side-2-Step ; Behind Sd Thru to SCP ;

**ENDING (4 meas)**

Twirl 2 & Walk 2 to CP ;; Side Draw Cl ; Apt Pt ;