## **BEAUTY ON THE TV SCREEN**

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**Choreographer:** Annette and Frank Woodruff rue du Camp, 87, B-7034 Mons, Belgium

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**Record:** RCA 07863-65851-7, Lou Bega, flip Mambo nr.5

**Footwork:** Opposite unless otherwise indicated (lady's footwork between brackets) **Rhythm & RAL Ph:** Jive V+1 (Rolling off the arm) + 2 (Continuous Spanish Arms, Dbl Whip

*Throwaway*)

**Sequence:** Intro-A-B1-B2-A-C-B1-D-B1-A-B2\* Time 3.58 @ speed 46

#### **INTRODUCTION**

#### 1-4 WAIT; APT PT TOG TCH; LACE UP 8;;

OP FCG wt 4 strong beats; apt L, pt fwd R, tog R, tch L rlg trl hnds & jng ld hnds high; {Lace up} Xg bhd W fwd L, R, twds LOD wlk L, R; rlg ld hnds & jng trl hnds high bhd W fwd L, R, twds LOD wlk L, trng ¼ RF fwd R to BFLY WALL;

5 - 8 CHASSE L & R; PROGRESSIVE ROCKS; CHASSE L & R; PROGRESSIVE ROCKS;

Sd L/cl R, sd L, sd R/cl L, sd R; {Prog rk} W/ slight prog LOD apt L, rec R, apt L, rec R; rpt meas 5 & 6 Intro;;

#### **PART** A

## 1 - 4 MODIFIED PRFTZEL TURN ~ SCP KICK BALL CHANGE;;;

Trng bdy sharply to SCP rk bk L, rec R, tmg RF keepg ld hnds jnd low sd L/cl R, sd L to fc RLOD; contg RF trn sd R/cl L, sd R to fc LOD w/ ld hnds still jnd bhd bk, kck L/cl L on ball of ft, SIP R; fwd L, rec R, tmg LF sd L/cl R, sd L to fc RLOD; cont LF trn sd R/cl L, sd R to SCP LOD, {**Kbchg**} kck L/cl L on ball of ft, SIP R;

5-8 CHANGE PLCS R TO L ~ CHANGE PLCS L TO R ;;; RK APT REC FWD STOMP;

Rk bk L, rec R, sd L/cl R & raise jnd ld hnds, sd & fwd L trng ½ LF (W sd R/cl L, fwd R trng 3/4 R undr jnd ld hnds); sd & fwd R/cl L, sd R (W sd & bk L/cl R, sd & bk L) to LOP-FCG LOD, {Chg plcs L to R} Rk apt L, rec R raisg jnd ld hnds; sd L/cl R, sd L trng ¼ RF (W fwd R /cl L, fwd R trng 3/4 LF undr jnd ld hnds,), sd R/cl L, sd R; {Rk rec fwd stomp} Rk apt L, rec R, sm fwd L, fwd stomp R;

### PART B1

#### 1 - 4 RK REC CRISS CROSS VOLTA ~ CHASSE R;; LINK TO WHIP THROWAWAY;;

Rk apt L, rec R raisg jnd ld hnds, Xg bhd W & progg LOD w/ bk to WALL XLIF/sd R, XLIF/sd R; XLIF/sd R, XLIF (W Xg undr jnd ld hnds & progg LOD w/ bk to COH), {Chasse R} lowrg jnd ld hnds sd R/cl L, sd R LOP-FCG COH; {Link & whp thrwy} apt L, rec R, fwd L/R, L tmg RF to CP LOD; contg RF trn XRIB, sd L (W sd L, fwd R bet M's ft), contg RF tm sd R/cl L, sd R to LOP-FCG COH;

5 - 8 RK REC CRISS CROSS VOLTA ~ CHASSE R;; LINK TO WHIP THROWAWAY;;

Rpt meas 1-4 Part B progg RLOD w/ bk to COH (W progg RLOD w/ bk to WALL) to end LOP FCG WALL;;;;

#### PART B2

## 1-4 RK REC CRISS CROSS VOLTA ~ RK REC CRISS CROSS VOLTA;;; CHASSE L & R;

Rk apt L, rec R raisg jnd ld hnds, Xg bhd W & progg LOD w/ bk to WALL XLIF/sd R, XLIF/sd R; XLIF/sd R, XLIF/sd R, XLIF (*W progg LOD w/ bk to COH*), {**Rk apt Rec Criss X volta**} Lowrg hnds rk apt R, rec L rlg ld hnds & jng trl hnds high; Xg bhd W & progg LOD w/ bk to COH XRIF/sd L, XRIF/sd L, XRIF/sd L, XRIF (*W prog LOD w/ bk to WALL*) to BFLY WALL; [Note: on voltas look in direction of progression ~ on "rk rec" look at ptr]

# 5-8 RK REC MAYPOLE ~ RK REC MAYPOLE;;; CHASSE L & R;

Rk apt L, rec R, cirg LF arnd W XLIF/sd R, XLIF/sd R; XLIF/sd R, XLIF (*W trng RF undr jnd ld hnds spot volta XRIF/sd L, XRIF/sd R, XLIF/sd R,* 

#### 8-11 FALLAWAY THROWAWAY ~ CHANGE HANDS BHD BACK;;;

Tmg bdy sharply to SCP rk bk L, rec R, sd L/cl R, fwd L (*W sd R/cl L, bk R tmg 1/4 LF*) to LOP-FCG LOD; sd R/cl L, sd R (*W sm bk L/cl R, bk L*), {**Chg hnds bhd bk**} Rk apt L, rec R; chgg W's R hnd to own R hnd fwd L/cl R, fwd L (*W trng 1/4 RF fwd R/cl L, fwd R*), chgg W's R hand to own L hnd bk R/cl L, sd R (*W sd L/cl R, bk L*) to LOP-FCG RLOD;;

#### 12 - 16 TRIPLE WHEEL ~ BASIC;;;; PROGRESSIVE ROCKS;

Chgg hnds to R hndshk rk apt L, rec R, whlg RF sd L/cl R, sd L trng twd ptr & tchg W's bk w/ L hnd (W whlg RF sd R/cl L, sd R tmg awy); contg RF whl sd R/cl L, sd R tmg awy (W cont RF whl sd L/cl R, sd L trng twd ptr & tchg M's bk w/ L hnd), contg RF whl sd L/cl R, sd L tmg twd ptr & tchg W's bk w/ L hnd (W contg RF whl & trng awy sd R/cl L, sd R spinning RF to fc ptr); sd R/cl L, sd R (W may spin full RF) to LOP-FCG WALL,

 $\{\textbf{Basic}\} \text{ rk apt L, rec R; sd L/cl R. sd L, sd R/cl L, sd R to BFLY WALL; } \{\textbf{Prog rks}\} \text{ Rpt meas 6 lntro; }$ 

17 Last time only add Apt L, -, point R lookg at W, -;

#### PART C

#### 1-4 CHANGE R TO L ~ CONTINUOUS SPANISH ARMS;;;;

Rk bk L, rec R, sd L/cl R & raise jnd ld hnds, sd & fwd L trng ¼ LF (W sd R/cl L,fwd R trng 3/4 RF undr jnd ld hnds); sd & fwd R/cl L, sd R (W sd & bk L/cl R, bk L) to LOP-FCG LOD, {Cont Spanish arms} rk apt L, rec R to BFLY; whlg RF & ldg W to trn ¼ LF undr ld hands w/ trl hnds still jnd low sd L/cl R, sd L,contg to trn RF & ldg W to trn ¼ RF sd R/cl L,sd R to BFLY; Rpt meas 3 Part C;

# 5-8 LINK TO DOUBLE WHIP THROWAWAY ~ CHANGE L TO R;;;;

Rk apt L, rec R startg to trn RF, sd L/cl R, sd L to CP LOD; contg RF trn XRIB, sd L, XRIB, sd L (W sd L, fwd R bet M's ft, sd L, fwd R bet M's ft); sd R/cl L, sd R to LOP-FCG LOD, {Chg L to R} rk apt L, rec R raisg jnd ld hnds; sd L/cl R, sd L trng ½ RF (W fwd R/cl L, fwd R trng ¾ LF undr jnd ld hnds), sd R/cl L, sd R to LOP-FCG WALL;

#### PART D

#### 1-4 BASIC ~ JIVE WALKS;;; SWIVEL WALK 4;

Rk apt L, rec R, sd L/cl R, sd L; sd R/cl L, sd R {Jive wlks} Rk bk L to SCP, rec R; fwd L/cl R, fwd L, fwd R/cl L, fwd R; {Swvl wlk 4} fwd L, R, L, R (W fwd R swvlg twd ptr, fwd L swvlg to fc LOD), fwd R swvlg twd ptr, fwd L swvlg to fc LOD);

### 5-9 CHASSE ROLL BOTH WAYS ~ FALLAWAY THROWAWAY,,,,,

Keepg ld hnds jnd trn RF sd L/cl R, sd L to bk-to-bk, rlg hnds & contg RF tm sd R/cl L, sd R; contg RF tm sd L/cl R, sd L to 1/2 LOP RLOD, rk bk R, rec L; tmg LF sd R/cl L, sd R to bk-to-bk, sd L/cl R, sd L; contg LF tm sd R/cl L, sd R to SCP LOD, {Falwy thrwy} Rk bk L, rec R; sd L/cl R, fwd L (W sd R/cl L, bk R trng ¾ LF) to LOP-FCG LOD, sd R/cl L, sd R (W sm bk L/cl R, bk L);

### 10 - 14 SHE GO HE GO ~ ROLLING OFF THE ARM ~ SHOULDER SHOVE;;;;

Rk apt L, rec R, fwd L/R, L trng RF ½ (*W trng LF 1/2 undr jnd ld hnds fwd R/L, R*); trng LF 3/4 undr jnd ld hnds fwd R/L, R (*W sd L/cl R, sd L*), {**Rolling off the arm**} rk apt L, rec R chgg hnds to R hndshk; sm fwd L/R, L trng ¼ RF (*W wrp LF in crook of M's R arm w/L hnd extd sd on M's L wrist*) now both fcg COH, whlg RF 1/2 fwd R, L; sd R/cl L, sd R (*W rll out of M's arm L/R, L*) to LOP-FCG WALL, {**Shldr shove**} Rk apt L, rec R; tmg RF 1/4 sd L/cl R, sd L to tch W's R shldr w/ own L shldr, trng LF 1/4 sd R/cl L, bk R to LOP-FCG WALL;

#### 15 - 16 STOP & GO;;

Rk apt L, rec R, fwd L/cl R, fwd L (W trng 1/2 LF undr jnd ld hnds R/L, R to end on M's R sd); catchg W w/R hnd on W's L shldr blade rk fwd R, rec L, bk R/cl L, bk R (W rk bk L raisg L hnd straight up, rec R, trn 1/2 RF L/R, L undr jnd ld hnds) to LOP-FCG WALL;

# **Beauty on the TV-Screen**

She is the appetite my appetite for love
And I know that she is comin'
That she is comin' from above
Everytime I see her I just can't get enough
She is cute, she is pretty
And sometimes she is tough
She is my beauty
She is my beauty on the TV-screen
Yeah she is!
And when you see her
You would know what I really mean

Yes she got legs that reach the skies
And she has eyes that are open wide
So please could you jump out that damn TV
And put those little arms all around me
There is nothin' yeah there is nothin'
Like that little butt
Planned out designed and coproduced by God
Yeah, when I see you I just can't get enough
'Cause she is cute and pretty
And sometimes she is tough

She will never disappoint me She will never make me cry She will never ever play me But her lovin' let's me die She will never disapoint me She will never make me cry She will never ever play me But her lovin' let's me die



Lou Bega (born David Lubega on 13 April 1975) is a German mambo musician of Italian and Ugandan descent. He is most famous for "Mambo No. 5", his 1999 remake of the Pérez Prado instrumental from 1949. Bega added his own words to the song and sampled the original version extensively. Bega's musical signature consists of combining musical elements of the 1940s and 1950s with modern beats and grooves.