



CLEMENTINE SWING

Choreographers:	Release date: July 2007
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	Music: Westlife CD "Allow us to be Frank", track 10, Clementine
	Time & Speed: 3:13 at unchanged speed
annetteandfrank@gmail.com	Footwork: Opposite except where indicated (<i>W's footwork in parentheses</i>)
	Sequence: Intro – A – B – C – D – E

INTRODUCTION

1 - 2	Wait;;	OP-FCG DLW wt 2 meas;;
3	Apart Point;	Apt L, -, pt R, -;
4	Pick Up Touch;	Tog R to CP LOD, -; tch L, -;

PART A (Two Step and Quickstep)

1	Walk 2;	Fwd L, -, fwd R, -;
2 - 3	Progressive Scissors;;	Sd L, cl R, XLif to SCAR DLW, -; sd R, cl L, XRif to BJO DLC,-;
4	Walk & Check;	Fwd L, -, fwd R ckg, -;
5	Fishtail;	XLib w/ slt LF trn, sd R trng RF, fwd L w/ L shldr ldg, lk Rib to BJO DLW;
6 - 9	Quarter Turns & Progressive Chasse & Fwd ;;;	Fwd L, -, fwd R trng twd WALL, -; sd L, cl R, sd & bk L, -; bk R w/ slt LF trn, -, sd L, cl R; sd L, -, fwd R to BJO DLW, -;
10	2 Forward Locks;	Fwd L, lk Rib, fwd L, lk Rib;
11	Walk & Face;	Fwd L, -, fwd R trng RF to fc WALL, -;
12 - 15	Strolling Vine;;;;	Sd L, -, XRib (<i>W XLif trng LF stg pu action</i>), -; trng LF sd L, cl R, trng LF fwd L to CP COH, -; sd R, -, XLib (<i>W XLif trng LF stg pu action</i>), -; trng RF sd R, cl L, trng RF fwd R to SCP LOD, -;
16	Walk 2;	Fwd L, -, fwd R, -;
17	Hitch 4;	Fwd L, cl R, bk L, cl R;
18	Forward Hop Forward;	Fwd L, hop lightly on ball of L ft, fwd R, -;
19 - 20	Two Forward Two Steps;;	Fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;
21 - 22	Open Vine 4;;	Trng to fc ptr sd L, -, XRib (<i>W Xib</i>), -; sd L, -, XRif stg manuv action in frt of W (<i>W Xif</i>), -;
23 - 24	Two Turning Two Steps;;	Sd L stg RF trn, cl R contg RF trn, bk L compg ½ RF trn, -; sd R contg RF trn, cl L, fwd R pvtg to fc WALL & immediately blend to SCP LOD, -;
25 - 28	Strolling Vine;;;;	Sd L, -, XRib (<i>W XLif trng LF stg pu action</i>), -; trng LF sd L, cl R, trng LF fwd L to CP COH, -; sd R, -, XLib (<i>W XLif trng LF stg pu action</i>), -; trng RF sd R, cl L, trng RF fwd R to CP WALL, -;
29 - 30	Slow Twisty Vine 4 Checking;;	Sd L, -, XRib (<i>W XLif</i>), -; sd L, -, XRif (<i>W XLib</i>) to BJO LOD ckg, -;
31 - 32	Whaletail;;	XLib allowing bdy to trn slightly LF, sd R trng RF, fwd L w/ L shldr ld, lk Rib; sd L w/ slight LF trn, cl R, XLib allowing bdy to trn slightly LF, sd R straighteng bdy to CP LOD;

PART B (Two-Step and Quickstep)

1 - 2	Two Forward Two Steps;;	Fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;
3	Walk & Face;	Fwd L, -, fwd R trng ¼ RF, -;
4	Turning Two Step;	Sd L stg RF trn, cl R contg RF trn, bk L compg RF trn to CP RLOD, -;
5 - 6	Running Back Locks;;	Bk R, lk Lif, bk R, bk L; bk R, lk Lif, bk R, -;
7 - 8	Slow Outside Change & Forward;;	Bk L, -, trng LF bk & sd R, -; contg LF trn sd & fwd L to BJO DLW, -, fwd R to BJO LOD, -;
9 - 10	Running Forward Locks;;	Fwd L, lk Rib, fwd L, fwd R; fwd L, lk Rib, fwd L, -;
11	Manuver Side Close;	Trng RF fwd R, -, contg RF trn sd L, cl R to CP RLOD;

12	Heel Pull;	Bk L stg RF trn, -, contg RF trn on L pull R heel twd L & chg wgt to R (<i>W fwd R trng RF, -, sd L contg RF trn, draw R</i>), -;
13	Walk & Check;	Fwd L, -, fwd R ckg, -;
14 - 15	Whaletail;;	Rpt meas 31-32 Part A;;
16	Forward Hop Forward;	Fwd L, hop lightly on ball of L ft, fwd R, -;
17	Scissor to SCAR Hop;	Sd L, cl R, XLif to SCAR DLW, hop lightly on ball of L ft;
18	Scissor to BJO;	Sd R, cl L, XRif to BJO LOD, -;
19	Walk & Maneuver;	Fwd L, -, fwd R trng RF to CP RLOD, -;
20	Half Box Back;	Sd L, cl R, bk L, -;
21 - 22	Running Back Locks;;	Rpt meas 5 - 15 Part B;;;;;;;
23 - 24	Slow Outside Change & Forward;;	
25 - 26	Running Forward Locks;;	
27	Manuver Side Close;	
28	Heel Pull;	
29	Walk & Check;	
30 - 31	Whaletail;;	
32	Walk & Face;	Fwd L, -, fwd R trng ¼ RF, -;

PART C (Single Swing)

1	Side Touch Side;	Sd L, tch R, side, -;
2 - 4	Change Places Right to Left ~	Rk bk L to SCP LOD, rec R, fwd & sd L (<i>W fwd & sd R stg to move in frt of M</i>), -; raisg jnd ld hnds sd R trng 1/8 LF (<i>W spin 5/8 undr jnd hnds & bk L</i>) to LOP-FCG LOD, -;
	Change Places Left to Right;;;	Rk apt L, rec R raisg jnd ld hnds; fwd L trng ¼ RF (<i>W fwd R sping ¾ LF undr jnd ld hnds</i>), -, twd RLOD sd R to LOP-FCG WALL, -;
5 - 7	Change Hands Behind the Back ~	Rk apt L, rec R, chg W's R hnd to own R hnd bhd bk fwd L trng 1/4 LF (<i>W fwd R trng RF</i>), -; contg LF trn & chg M's R hnd to own L hnd sd & bk R (<i>W contg RF trn fwd & sd L</i>) to LOP-FCG COH, -;
	Basic to CP;;;	Rk apt L, rec R; blendg to CP COH sd L, -, sd R, -;
8 - 10	Fallaway Throwaway ~	Rk bk L to SCP, rec R (<i>W rec L stg to trn LF</i>), fwd L w/ slight LF trn (<i>W fwd R compg ½ LF trn</i>) R), -; sd R (<i>W bk L</i>) to LOP-FCG RLOD, -;
	She Go He Go;;;	Rk apt L, rec R; raisg jnd ld hnds fwd L trng RF 1/8 to look at W's bk (<i>W fwd R trng ½ RF undr jnd ld hnds</i>), -, fwd R trng LF 5/8 undr jnd ld hnds (<i>W sd L</i>) to LOP-FCG LOD, -;
11 - 16	Change Places Left to Right ~	Rk apt L, rec R raisg jnd ld hnds, fwd L trng ¼ RF (<i>W fwd R sping ¾ LF undr jnd ld hnds</i>), -; twd RLOD sd R to BFLY WALL, -;
	Spanish Arms 2x ~	Rk apt L, rec R; sd & fwd L trng ¼ RF but ldg W to trn LF undr raisd ld hnds to a mom wrp, -, sd & fwd R contg ¼ RF trn & ldg W to unwrp RF to BFLY COH, -; rk apt L, rec R, sd & fwd L trng ¼ RF but ldg W to trn LF undr raisd ld hnds to a mom wrp, -; sd & fwd R contg ¼ RF trn & ldg W to unwrp RF to LOP-FCG WALL, -;
	American Spin;;;;;	Rk apt L, rec R; sip L bracc L arm (<i>W sd & fwd R spng RF full trn</i>), -, sd R to LOP-FCG WALL, -;

PART D (Double Swing)*

1 - 3	Double Swing Basic ~	Rk apt L, rec R, sd L, tch R; sd R, tch L to SCP LOD,
	Change Places Right to Left;;;	Rk bk L, rec R; fwd & sd L (<i>W fwd & sd R stg to move in frt of M</i>), tch R; raisg jnd ld hnds sd R trng 1/8 LF (<i>W spin 5/8 undr jnd hnds & bk L</i>) to LOP-FCG LOD, tch L,
4 - 6	Change Places Left to Right ~	Rk apt L, rec R, sd L trng ¼ RF (<i>W fwd R trng ¾ LF undr jnd ld hnds</i>), tch R; twd RLOD sd R to LOP-FCG WALL, tch L,
	Change Hands Behind the Back;;;	Rk apt L, rec R; chg W's R hnd to own R hnd bhd bk fwd L trng 1/4 LF (<i>W fwd R trng RF</i>), tch R, contg LF trn & chg M's R hnd to own L hnd sd & bk R (<i>W contg RF trn fwd & sd L</i>) to LOP-FCG COH, tch L;
7 - 9	Basic to CP ~	Rk apt L, rec R, sd L, tch R to CP COH; sd R, tch L,
	Fallaway Throwaway;;;	Rk bk L to SCP, rec R (<i>W rec L stg to trn LF</i>); fwd L w/ slight LF trn (<i>W fwd R compg ½ LF trn</i>) R), tch R, sd R (<i>W bk L</i>) to LOP-FCG RLOD, tch L;
10 - 12	She Go He Go ~	Rk apt L, rec R, fwd L trng RF 1/8 to look at W's bk (<i>W fwd R trng ½ RF undr jnd ld hnds</i>), tch R; fwd R trng LF 5/8 undr jnd ld hnds (<i>W sd L</i>), tch L,

	Change Places Left to Right;;;;	Rk apt L, rec R; sd L trng ¼ RF (<i>W fwd R trng ¾ LF undr jnd ld hnds</i>), tch R, twd RLOD sd R to LOP-FCG WALL, tch L;
13 - 15	Spanish Arms 2x;;;;	Rk apt L, rec R, sd & fwd L trng ¼ RF but ldg W to trn LF undr raisd ld hnds to a mom wrp, tch R; sd & fwd R contg ¼ RF trn & ldg W to unwrp RF to fc, tch L, rk apt L, rec R; sd & fwd L trng ¼ RF but ldg W to trn LF undr raisd ld hnds to a mom wrp, tch R, sd & fwd R contg ¼ RF trn & ldg W to unwrp RF to fc, tch L;
16	Progressive Rock;	In BFLY rk apt L, XRif, rk apt L, XRif;

*Option: this part can be danced as Single Swing or Triple Swing if preferred but the crescendo effect is sacrificed. Double Swing uses 6 even beats of music for each figure in this dance. Rock recover on the first two beats. The next 4 beats are described here as a step, touch, step, touch but another way to dance them is press L toe, put L heel down, press R toe, put R heel down (toe, flat, toe, flat).

PART E (Triple Swing)

1	Chasse L & R;	Sd L/cl R, sd L, sd R/cl L, sd R;
2 - 4	Windmill 2x;;;;	Rk apt L, rec R, tiltg ld arms dwn & trng 1/4 LF fwd & sd L/cl R, fwd & sd L; w/ arms level & trng 1/4 LF fwd & sd R/cl L, fwd & sd R to BFLY COH, rk apt L, rec R to loose SCP LOD; tiltg ld arms dwn & trng 1/4 LF fwd & sd L/cl R, fwd & sd L, w/ arms level & trng 1/4 LF fwd & sd R/cl L, fwd & sd R to R HNDSHK WALL;
5 - 8	Triple Wheel ~	Rk apt L, rec R, whlg RF L/R L trn twd W to tch her bk w/ L hnd (<i>W whl RF trng awy from ptr</i>); cont RF whl R/L, R trng awy from W (<i>W cont RF whl trng twd ptr to tch his bk w/ L hnd</i>), cont RF whl L/R, L trng twd ptr to tch her bk (<i>W whl RF trng awy from ptr R/L, R free-spng RF on R ft to fc</i>); sd chasse R/L, R to LOP-FCG LOD ~
	Change Hands Behind the Back to HNDSHK ;;;;;	Rk apt L, rec R; chasse fwd L/R, L trng ¼ LF & chg W's hnd to own R hnd bhd bk, chasse sd & bk R/L, R chg W's hnd to own L hnd bhd bk (<i>W chasse fwd R/L, R trng ¼ RF, chasse sd L/R, L trng ¼ RF</i>) to R HNDSHK RLOD;
9 - 19	Triple Wheel ~	Rpt meas 5- 6 ½ Part E to LOP-FCG WALL ~
	Stop & Go ~	Rk apt L, rec R; fwd L/cl R, fwd L & catch W 's L shldr blade to stop her movement (<i>W fwd R com ½ LF trn/cl L, bk R comp ½ LF trn undr jnd hnds to end at M's R sd</i>), rk fwd R, rec L (<i>W rk bk L, rec R</i>); sm bk R/cl L, bk R (<i>W fwd L com ½ RF trn/cl R, bk L comp ½ RF trn undr jnd hnds to fc M</i>) to LOP-FCG WALL ~
	Chasse Roll Both Ways ~	Rk apt L, rec R; trng RF (<i>W LF</i>) sd L/cl R, sd L to BK-TO-BK, sd R/cl L, sd R contg trn to fc; sd L/cl R, sd L to ½ LOP RLOD, rk bk R, rec L jng trl hnds, trng LF (<i>W RF</i>); sd R/cl L, sd R trng to BK-to BK, sd L/cl R, sd L contg trn to fc; sd R/cl L, sd R to SCP LOD ~
	Rock to 4 Point Steps;;;;;;;;;;;;;	Rk bk L, rec L; pt L, fwd L, lookg RLOD ovr insd shldr pt R, fwd R lookg LOD; pt L, fwd L, lookg RLOD ovr insd shldr pt R, fwd R lookg LOD;
20 - 21	Slow Roll 4;;;	Roll LF twd LOD L, -, R, -; L, -, R to SD-BY-SD LOD, -;
22	Lunge Apart & Wave;	W/ insd hnd on hip lun apt sd L, hold wavg bye-bye to ptr w/ outsd hnd;

Westlife, an Irish boy band, was formed in 1998, when it was signed by Simon Cowell, and is currently managed by Louis Walsh. The group is popular in the United Kingdom and Ireland. It is also somewhat popular in Asia, Latin America, Africa and South Africa.



In a cavern down by a canyon
Excavatin' for a mine,
There lived a miner from North Carolina
And his daughter, chubby Clementine.

(Ho) broke the record, way under water
I thought that she was doin' fine.
I wasn't nervous ya until the service
That they held for Clementine.

Now every mornin', just about dawnin'
A'when the sun begins to shine
You know she would rouse up, wake all a dem cows up
And walk 'em down to her Daddy's mine.

Hey you sailor (ho, ho) way out in your whaler
With a harpoon, your trusty line.
If she shows now, yo, there she blows now,
It just may be chunky Clementine.

A'took the foot bridge, way 'cross the water
Though she weighed two-ninety nine.
The old bridge trembled and disassembled
(Oops!) dumped her into the foamy brine.

(One more time)
Oh my darlin', oh my darlin', oh my darlin'
Oh my darlin', oh my darlin' sweet Clementine,
You may be gone

Hey, crackle like thunder, (ho, ho) she went under
(ho, ho) blowin bubbles (bubble sound) down the line.
Hey, I'm no swimm'a but were she slimm'a
I might'a saved that Clementine.

But!
You're not forgotten,
Fare thee well
So long, Clementine (Bubble sound) Bye!

CLEMENTINE SWING – WOODRUFF – MX IV+2 – 3:13 – WESTLIFEINTRO (4 meas)

OP-FCG DLW Wait 2 ;; Apart Point ; Pick Up Touch ;

PART A (TS/QS) (32 meas)

Walk 2 ; 2 Progressive Scissors ;; Walk & Check ; Fishtail ;
 ¼ Turn & Progr Chasse & Fwd ;;; 2 Fwd Locks ; Walk & Face ;
 Strolling Vine ;;; Walk 2 ; Hitch 4 ; Fwd Hop Fwd ;
 2 Fwd 2s ;; Open Vine 4 ;; 2 Turning 2s ;;
 Strolling Vine ;;; Slow Twisty Vine 4 Checking ;; Whaletail ;;

PART B (TS/QS) (32 meas)

2 Fwd 2s ;; Walk & Face ; Turning-2-Step ; Running Back Locks ;;
 Slow Outside Change & Fwd ;; Running Fwd Locks ;; Manuver Sd Cl ;
 Heel Pull ; Walk & Check ; Whaletail ;; Fwd Hop Fwd ;
 Scissors to SCAR Hop ; Scissors to BJO ; Walk & Maneuver ;
 ½ Box Bk ; Running Bk Locks ;; Slow Outside Change & Fwd ;;
 Running Fwd Locks ;; Manuver Sd Cl ; Heel Pull ; Walk & Check ;
 Whaletail ;; Walk & Fc ;

PART C (SS) (16 meas)

Sd Tch Sd ; Change of Places ;;; Hands Behind the Back ~ Basic to CP ;;;
 Fallaway Throwaway ~ **She Go He Go** ;;; Change L to R ~
 Spanish Arms 2x ~ American Spin ;;;;

PART D (Dble Swing) (16 meas)

Double Swing Basic ~ Change R to L ;;;
 Change L to R ~ Hands Behind the Bk ;;;
 Basic to CP ~ Fallaway Throwaway ;;;
She go He Go ~ Change L to R ;;;
 Spanish Arms 2x ;;; Progressive Rk ;

PART E (JV) (22 meas)

Chasse L & R ; Windmill 2x to HNDSHK ;;;
 Triple Wheel to Fc LOD ~ Hands Behind the Back to HNDSHK ;;;
 Triple Wheel to Fc WALL ~ Stop & Go ~ **Chasse Roll** Both Ways ~
 Rk to 4 Point Steps ;;; Slow Roll 4 ;; Lunge Apart & Wave ;