

DO IT - RAT NOW

Choreographers:	Release date: March 2009
Annette & Frank Woodruff	Rhythm & Phase: Jive IV+1 (Stop & Go)
Rue du Camp, 87	Music: CD Don't be Cruel, Ace Cannon featuring Bill Black's Combo.
	Track downloadable from Amazon.
7034 Mons, Belgium	Time & Speed: 2:16 @ unchanged speed
Tel: 00 32 65 73 19 40	Footwork: Opposite except where indicated (<i>W's footwork in parentheses</i>)
annetteandfrank@gmail.com	Sequence: A – B – C – D – E

PART A

IAKI A		
1	Chasse L & R;	CP WALL wt 2 notes then sd L/cl R, sd L, sd R/cl L, sd R;
2 - 4	Change of Places;;;	Rk bk L to SCP LOD, rec R, sd L/cl R, sd L trn 1/4 LF (<i>W rk bk R to SCP, rec L, sd R/cl L, fwd R trn 3/4 RF undr ld hnds</i>); sd & fwd R/cl L, sd R (<i>W sd & slightly bk L/cl R, sd & bk L</i>) to LOP-FCG LOD, rk apt L, rec R; sd L/cl R, sd L trn 1/4 RF (<i>W fwd R/cl L, fwd R trn 3/4 LF undr ld hnds</i>) to LOP-FCG WALL, sd R/cl L, sd R;
5 - 7	R Turning Fallaway ~	Rk apt L, rec R to CP, trng RF 1/4 sd L/cl R, sd L; trng RF 1/4 sd R/cl L, sd R to CP COH ~
	Fallaway Throwaway;;;	Rk bk L to SCP RLOD, rec R; sm fwd L/cl R, fwd L (W fwd R/cl L, fwd R trng LF to end if of M), sip R/L, R (W bk L/cl R, bk L) to LOP-FCG RLOD;
8 - 10	Change Hands Behind Back ~	Rk apt L, rec R, trng LF fwd L/cl R, fwd L xferg W's hnd to own R hnd bhd bk (W fwd R/cl L, fwd R trng 1/4 RF); trng 1/4 LF sd & bk R/cl L, sd & bk R xferg W's hnd bk to own L hnd bhd bk (W sd L/cl R, sd & bk L trng 1/4 RF to fc ptr) to LOP-FCG LOD,
	Change L to R;;;	Rk apt L, rec R; sd L/cl R, sd L trng ¹ / ₄ RF (<i>W trn </i> ³ / ₄ <i>LF undr jnd ld hnds R/L</i> , <i>R</i>), twd RLOD sd R/cl L, sd R to LOP-FCG WALL;
	Stop & Go;;	Rk apt L, rec R, ldg W to trn LF fwd L/cl R/ fwd L (W rk bk R, rec L, in plc R/L, R trng 1/2 LF undr ld hnds to end at M's R side); catch W with R hnd on W's L shldr blade rk fwd R, rec L, sm bk R/cl L, bk R (W rk bk L, rec R, in plc L/R, L trn 1/2 RF undr ld hnds) to LOP-FCG WALL;

PART B

IAKI D		
1 - 5	Basic to CP ~	Rk apt L, rec R, fwd L/cl R, fwd L,to CP; sd R/cl L, sd R,
	Pretzel Turn w/ Double Rock Forward;;;;;	Rk bk L to SCP, rec R; trng twd each other [M RF & W LF] & retaing ld hnds jnd low
		thruout sd chasse L/R, L, contg trn sd chasse R, L, R to end in slight V-bk-to-bk pos DLC (W DLW) w/ ld hnds still jnd bhd bk; xtndg free hnd fwd dip fwd L, rec R dip fwd
		L, rec R; trng awy from each other [M LF & W RF] sd chasse L/R, L, contg trn sd
		chasse R/L, R to SCP LOD;
	Double Rock Back to Jive Walks	Rk bk L to SCP LOD, rec R, rk bk L, rec R; fwd L/cl R, fwd L (W trng twd ptr side &
6 - 8	w/ Swivels;;;	fwd R/cl L, sd & fwd R), fwd R/cl L, fwd R; swlg RF on R fwd L, swlg LF on L fwd R,
		swlg RF on R fwd L, swlg LF on L fwd R;
9	Throwaway;	Chasse fwd L/R, L (W pk up R/L, R), chasse sd & fwd R/L, R (W chasse sd & bk L/R, L)
9		to LOP-FCG LOD;
10 - 12	Change L to R ~	Rk apt L, rec R, sd L/cl R, sd L trng ¼ RF (W trn ¾ LF undr jnd ld hnds R/L, R); twd
		RLOD sd R/cl L, sd R to LOP-FCG WALL,
	American Spin;;;	Rk apt L, rec R; sip L/R,L bracg L arm (W sd R/cl L, sd & fwd R spng RF full trn), sd
		R/cl L, sd R to LOP-FCG WALL;

PART C

1 - 4	Basic to SCP ~	Rk apt L, rec R, fwd L/cl R, fwd L,to CP; sd R/cl L, sd R to SCP LOD,
	Rock to 4 Point Steps;;;;	Rk bk L, rec R; pt fwd L on outsd edge of ft, fwd L, lookg bk ovr R shldr pt fwd R on
		outsd edge of ft, lookg ahead fwd R; rpt meas 3 Part C;
5	2 Forward Triples;	Fwd L/cl R, fwd L, fwd R/cl L, fwd R;
6	Rock the Boat 2x;	Fwd L w/ straight leg & upper body leaning fwd, cl R bendg both knees & straightening
		upper body, fwd L w/ straight leg & upper body leaning fwd, cl R bendg both knees &
		straightening upper body;

7	2 Forward Triples;	Fwd L/cl R, fwd L, fwd R/cl L, fwd R;
8	Throwaway;	Rpt meas 9 Part B;
9 - 10	Double Rock Apart to Change Hands Behind Back;;	Rk apt L, rec R, rk apt L, rec R; trng LF fwd L/cl R, fwd L xferg W's hnd to own R hnd bhd bk (W fwd R/cl L, fwd R trng 1/4 RF), trng 1/4 LF sd & bk R/cl L, sd & bk R xferg W's hnd bk to own L hnd bhd bk (W sd L/cl R, sd & bk L trng 1/4 RF to fc ptr) to LOP-FCG RLOD;
11 - 12	Double Rock Apart to Change Hands Behind Back to HNDSHK::	Rpt meas 9 -10 to LOP-FCG LOD & chg hnds to R HNDSHK;;

PART D

1-5	Triple Wheel to face COH in HNDSHK ~	Apt L, rec R, whlg RF L/R L trn twd W to tch her bk w/ L hnd (W whl RF trng awy from ptr); cont RF whl R/L, R trng awy from W (W cont RF whl L/R, L trng twd ptr to tch his bk w/ L hnd), cont RF whl L/R, L trng twd ptr to tch her bk (W whl RF trng awy from ptr R/L, R free-sping RF on R ft to fc); sd chasse R/L, R to fc COH resumg HNDSHK,
	Triple Wheel to face RLOD;;;;;	Rk apt L, rec R; whlg RF L/R L trn twd W to tch her bk w/ L hnd (W whl RF trng awy from ptr), cont RF whl R/L, R trng awy from W (W cont RF whl L/R, L trng twd ptr to tch his bk w/ L hnd); cont RF whl L/R, L trng twd ptr to tch her bk (W whl RF trng awy from ptr R/L, R free-sping RF on R ft to fc), sd chasse R/L, R to LOP-FCG RLOD;
6 - 8	Change Hands Behind Back ~ Change L to R to BFLY WALL;;;	Rpt meas 8-10 Part A to BFLY WALL;;;
9	Progressive Rock;	Apt L, XRif (W Xif), apt L, XRif (W Xif);
10	Chasse L & R;	Sd L/cl R, sd L, sd R/cl L, sd R;
11 - 12	Traveling Sandstep 2x;;	Swvlg RF (W LF) on R tch L toe to instep of R ft, swvlg LF (W RF) on R sd L, swvlg RF (W LF) on L tch heel to floor toe ptd to DRW, swvlg LF (W RF) on L XRif; rpt meas 11 Part D;

PART E

1	Chasse L & R;	Sd L/cl R, sd L, sd R/cl L, sd R;
2 - 4	Spanish Arms 2x;;;	Rk apt L. rec R jng both hnds, chasse L/R, L trng ¼ RF but ldg W to trn LF undr raisd ld hnds to a mom wrp; chasse R/L, R contg ¼ RF trn & ldg W to unwrp RF to fc, rk apt L. rec R; chasse L/R, L trng ¼ RF but ldg W to trn LF undr raisd ld hnds to a mom wrp, chasse R/L, R contg ¼ RF trn & ldg W to unwrp RF to LOP-FCG WALL;
5 - 9	Shoulder Shove ~	Rk apt L, rec R, trng RF 1/4 sd L/cl R, sd L to tch ld shldrs tog; trng 1/4 LF sd R/cl L, sd R to LOP-FCG WALL,
	Lindy Catch ~	Rk apt L, rec R; twds W's R fwd L/R, L trng RF arnd W relg L hnd & placing R hnd on frt of W's R hip (<i>W rk apt R, rec L, fwd R/L, R extg both arms IF leang fwd in reachg action</i>), cont arnd W fwd R, fwd L to fc COH; cont circ fwd R/L, R (<i>W bk L, R, bk L/cl R, bk L</i>) to LOP-FCG WALL,
	Shoulder Shove to BFLY;;;;;	Rk apt L, rec R; trng RF 1/4 sd L/cl R, sd L to tch ld shldrs tog, trng 1/4 LF sd R/cl L, sd R to BFLY WALL;
10 - 12	Windmill 2x;;;	Rk apt L, rec R, tiltg ld arms dwn & trng 1/4 LF fwd & sd L/cl R, fwd & sd L; w/ arms level & trng 1/4 LF fwd & sd R/cl L, fwd & sd R to BFLY WALL, rk apt L, rec R; tiltg ld arms dwn & trng 1/4 LF fwd & sd L/cl R, fwd & sd L, w/ arms level & trng 1/4 LF fwd & sd R/cl L, fwd & sd R to BFLY WALL;
13 - 16	Stop & Go 2x to BFLY;;;;	Rpt meas 11-12 Part A;; Rpt meas 11-12 Part A;;
17	Rock Apart Recover Lady Wraps;	Rk apt L, rec R, ip L/R, L (W rk apt R, rec L, wrap full LF trn under ld hnds R/L, R) to WRP WALL;
18	Step Back and Sit;	Bk R & sit on R w/L ft ptg to WALL, -, -, -;



Bill Black (center) had two distinct phases of his career in which he made a notable mark on early rock & roll music: first as the rockabilly bass player for Elvis Presley and then as a bandleader of Bill Black's Combo, which scored numerous instrumental hits in the early '60s. Black, sadly, developed a brain tumor and died in 1965, shortly before his 40th birthday .

DO IT RAT NOW - WOODRUFF - JV IV+1 - 2:16 - BILL BLACK

PART A (12 meas)

Chasse L & R; Change of Places;;; R-Turning Fallaway ~ Fallaway Throwaway;;; Change Hands Behind the Back ~ Change L to R;;; Stop & Go;;

PART B (12 meas)

Basic to CP ~ Pretzel Turn w/ Double Rock Forward ;;;;; Double Rock Bk to Jive Walks with Swivels ;;; Throwaway ; Change L to R ~ American Spin ;;;

PART C (12 meas)

Basic To SCP ~ Rock to 4 Point Steps ;;;; 2 Forward Triples ; Rock the Boat 2x; 2 Forward Triples; Throwaway; Double Rock Apart to Change Hands Behind the Back ;; Double Rock Apart to Change Hands Behind the Back to HNDSHK ;;

PART D (12 meas)

Triple Wheel to fc COH in HNDSHK ~ Triple Wheel to fc RLOD ;;;; Change Hands Behind the Back ~ Change L to R to BFLY WALL ;;; Progressive Rock ; Chasse L & R ; Traveling Sand Step 2x ;; PART E (18 meas)

Chasse L & R; Spanish Arms 2x;;; Shoulder Shove ~ Lindy Catch ~ Shoulder Shove to BFLY;;;; Windmill 2x;;; Stop & Go 2x to BFLY;;;; Rk Apt Rec Lady Wraps; Step bk & Sit;