



FROSTY 2013

Choreographers : Annette & Frank Woodruff Rue du Camp, 87 7034 Mons, Belgium	Release Date: November 2013
	Music: Fiona Apple's Frosty the Snowman, Album Winter Songs, or MP3 download from Amazon
	Rhythm & Phase: Two Step II+1 (Fishtail)
	Difficulty: Walk in the Park
	Time & Speed: 2:11 @ unchanged speed
Footwork: Opposite except where indicated (<i>W's footwork in parentheses</i>)	
annetteandfrank@gmail.com	Sequence: Intro – ABCD

INTRODUCTION

1	Wait;	OP-FCG WALL wt 2 notes + 1 meas ;
2 - 3	Apt pt Tog Tch to CP ;;	Apt L, -, pt R twd ptr, - ; take weight on R to CP, -, tch L, - ;
4 - 5	2 Slow Side Closes ;;	Sd L, -, cl R, - ; sd L, -, cl R, - ;

PART A

1 - 2	Open Vine 4 to SCP;;	Sd L twd LOD, -, XRib (<i>W XLib</i>) trng to LOP RLOD, -; sd L to fc, -, XRif to SCP LOD, -;
3 - 4	2 Forward Twos ;;	Fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;
5 - 6	Box ;;	CP WALL sd L, cl R, fwd L, -; sd R, cl L, bk R, -;
7	Vine 4 ;	Sd L, XRib (<i>W XLib</i>), sd L, XRif (<i>W XLif</i>) to SCP LOD;
8	Walk 2 ;	Fwd L, -, fwd R, -;
9 - 10	Open Vine 4 to SCP;;	Repeat meas 1-4 Part A ;;;
11 - 12	2 Forward Twos ;;	
13 - 14	Circle Away in 2 Two Steps ;;	Circg LF twd COH (<i>W RF twd WALL</i>) fwd L, cl R, fwd L, -; cont circ fwd R, cl L, fwd R trng to fc ptr, - ;
15 - 16	Strut Tog in 4 to BFLY ;;	Tog L, -, R, -; L, -, R to BFLY WALL,-;

PART B

1	Side-2-Step ;	Sd L, cl R, sd L, -;
2	Behind Side Thru to SCP ;	XRib (<i>W XLib</i>), sd L, XRif (<i>W XLif</i>) to SCP LOD, -;
3	Cut Back 2x ;	XLif (<i>W XRif</i>), bk R, XLif (<i>W XRif</i>), bk R;
4	Dip Back & Recover to Face ;	Rk bk L lowering into soft knee, -, rec R trng to fc ptr, -;
5	½ Box ;	Sd L, cl R, fwd L, -;
6	Scissor Thru ;	Sd R, cl L, XRif (<i>W XLif</i>) to SCP LOD prepg to trn RF, -;
7 - 8	2 Turning Twos ;;	Sd L stg RF trn, cl R, bk L compg 1/2 RF trn, - ; sd R contg RF trn, cl L, fwd R contg RF trn to CP WALL, - ;
9 - 10	Open Vine 4 to SCP ;	Repeat meas 1-4 Part A ;;;
11 - 12	2 Forward Twos ;;	
13 - 14	Double Hitch ;;	Fwd L, cl R, bk L, -; bk R, cl L, fwd R, -;
15 - 16	Circle Away in 2 Two Steps ;;	Repeat meas 13-16 Part A to CP WALL ;;;
17 - 18	Strut Tog in 4 to CP ;;	
19	2 Side Closes ;	Sd L, cl R, sd L, cl R;
20	Walk & Pick Up ;	Blendg to SCP LOD fwd L, -, sm fwd R ldg W in frt (<i>W trng LF fwd L & swvl LF on ball of L ft</i>) to CP LOD, -;
21	Side Draw Close ;	Sd L, draw R, cl R, -;

PART C

1 - 2	Strut 4 ;;	With sway fwd L, -, fwd R, - ; Cont sway fwd L, -, fwd R, - ;
3 - 4	2 Forward Twos ;;	Fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;
5	½ Box Fwd ;	Sd L, cl R, fwd L, -;
6	Walk 2 ;	Fwd R, -, fwd L, -;
7	½ Box Fwd ;	Sd R, cl L, fwd R, -;
8	Walk 2 ;	Fwd L, -, fwd R, -;
9	½ Box Back ;	Sd L, cl R, bk L, -;
10	Walk Back 2 ;	Bk R, -, bk L, - ;
11	½ Box Back ;	Sd R, cl L, bk R, - ;
12	Dip Back & Recover ;	Bk L w/ flexed knee, -, rec R, - ;
13 - 14	Progressive Scissors Checking ;;	Sd L, cl R, XLif to SCAR DLW, - ; trng to fc LOD sd R, cl L, XRif ckg to BJO DLC,- ;
15	Fishtail ;	XLib, sd R trng RF, fwd L w/ L shldr ldg, lk Rib to BJO DLW ;
16	Walk & Face ;	Fwd L, -, trng RF to fc ptr fwd R, - ;

PART D

1	Side-2-Step ;	Repeat meas 1-6 Part B ;;;;;;
2	Behind Side Thru to SCP ;	
3	Cut Back 2x ;	
4	Dip Back & Recover to Face ;	
5	½ Box ;	
6	Scissor Thru ;	
7 - 8	Slow Forward Kick Stomp Back & Touch ;;	In SCP fwd L, -, kick R, - ; trng slightly twd ptr bk R stompg, -, tch L, -;
9 - 10	Open Vine 4 to SCP ;	Repeat meas 1-4 Part A ;;;;
11 - 12	2 Forward Twos ;;	
13 - 14	Wave Away in 2 Two Steps ;;	Repeat meas 13-14 Part A. Without turning back wave as you move away.
15	Lunge Turn to Face;	Lunge fwd L, -, rec R trng to fc ptr, - ;
16 - 18	Side Draw Close 3x ;;;	Sd L, draw R, cl R, -; sd L, draw R, cl R, -; sd L, draw R, cl R, -;
19	2 Side Closes ;	Sd L, cl R, sd L, cl R;
20	Apt pt & Wave	Bk L, pt R twd ptr, wave, -;

"Frosty the Snowman" is a popular song written by Walter "Jack" Rollins and Steve Nelson, and first recorded by Gene Autry and the Cass County Boys in 1950. It was written after the success of Autry's recording of "Rudolph the Red-Nosed Reindeer" the previous year; Rollins and Nelson shipped the new song to Autry, who recorded "Frosty" in search of another seasonal hit. Like "Rudolph", "Frosty" was subsequently adapted to other media including a popular television special. The song was originally titled "Frosty the Snow Man". The song supposedly takes place in White Plains, New York, or Armonk, New York. Armonk has a parade dedicated to Frosty annually. This version, by Fiona Apple, is very cute.



Birth name Fiona Apple McAfee Maggart
Born September 13 1977 (age 36), Manhattan
Genres Piano rock, baroque pop, jazz, soul, Alternative rock, experimental rock
Occupations Singer, songwriter, musician
Instruments Vocals, piano, optigan
Years active 1994-present
Labels Epic, Columbia, Clean Slate
Web site www.fiona-apple.com

Frosty 2013 – Woodruff – TS II+1 (Fishtail) – 2:11 – Fiona Apple

INTRO (5 meas)

OP-FCG Wait 1; Apt Pt Tog Tch to CP ;; 2 Slow Side Closes ;;

A (16 meas)

Open Vine 4 to SCP ;; 2 Fwd 2s ;; Box ;; Vine 4 ; Walk 2 ;

Open Vine 4 to SCP ;; 2 Fwd 2s ;; Circle Away in 2 2-steps ;;

Strut Tog in 4 to BFLY ;;

B (21 meas)

Side-2-step ; Behind Side Thru to SCP ; Cut Bk 2x ;

Dip Bk & Rec to Fc ; ½ Box ; Scissor Thru ; 2 Turning 2s ;;

Open Vine 4 to SCP ;; 2 Fwd 2s ;; Double Hitch ;;

Circle Away in 2 2-steps ;; Strut Tog in 4 to CP ;;

2 Side Closes ; Walk & Pick Up ; Side Draw Close ;

C (16 meas)

Strut 4 ;; 2 Fwd 2s ;; ½ Box ; Walk 2 ; ½ Box ; Walk 2 ;

½ Box Bk ; Walk Bk 2 ; ½ Box Bk ; Dip Bk & Rec ;

Progr Scissors Ckg ;; **Fishtail** ; Walk & face ;

D (20 meas)

Side-2-step ; Behind Side Thru to SCP ; Cut Bk 2x ;

Dip Bk & Rec to Fc ; ½ Box ; Scissor Thru ;

Slow Fwd Kick Stomp Bk & Tch ;; Open Vine 4 to SCP ;; 2 Fwd 2s ;;

Wave Away in 2 2-steps ;; Lunge Turn to Fc ;

Side Draw Close 3x ;; 2 Side Closes ; Apt Pt & Wave ;