



# Life Is Beautiful

(La vita è bella)

<b>Choreographers:</b>	<b>Release date:</b> September 2008
<b>Annette &amp; Frank Woodruff</b> Rue du Camp, 87 7034 Mons, Belgium Tel: 00 32 65 73 19 40  annetteandfrank@gmail.com	<b>Rhythm &amp; Phase:</b> <b>Rumba V+2</b> (Turkish Towel, Rope Spin) +1 (Advanced Hockey Stick)
	<b>Music:</b> 'Life is Beautiful' soundtrack, Nicola Piovani, track 2 or download 'La vita e Bella Main theme'.
	<b>Time &amp; Speed:</b> 2:52 @ speed minus 4%, no other editing
	<b>Footwork:</b> Opposite except where indicated ( <i>W's footwork in parentheses</i> )
	<b>Sequence:</b> <b>Intro – AA – B – C – A – B (1-9) - Ending</b>

## INTRODUCTION

<b>1 - 2</b>	<b>Wait;;</b>	M fcg WALL & ptr w/ R hnds jnd wt 2 meas;; [Start dancing on 7 <sup>th</sup> drum note]
<b>3 - 4</b>	<b>Flirt;;</b>	Fwd L, rec R, sd L ( <i>W bk R, rec L, fwd R swvl 1/2 LF</i> ) to VARS WALL, -; bk R, rec L, sd R ( <i>W bk L, rec R, sd L slidg if of M</i> ) to L-VARS WALL, -;
<b>5</b>	<b>Slide Across;</b>	Bk L, rec R, sd L ( <i>W bk R, rec L, sd R slidg if of M</i> ) to VARS WALL, -;
<b>6</b>	<b>Lady turns to HNDSH;</b>	Bk R, relg L hnds rec L, sd R ( <i>W bk L, strong fwd R trng 1/2 RF, bk L</i> ) to R-HNDSHK WALL, -;

## PART A

<b>1 - 4</b>	<b>Turkish Towel to face LOD;;;;</b>	Fwd L, rec R, sd L ( <i>W bk R, rec L, sd &amp; fwd R</i> ), -; raisg jnd R hnds XRib twd DLC, rec L trng 1/4 LF, sd R ( <i>W fwd L twd DLC &amp; swvl 1/2 RF undr R hnds, fwd R twd DLW &amp; swvl 1/2 RF, fwd L arnd M compg 1 1/4 trm &amp; join L hnds</i> ) to VARS LOD W bhd M offset to his L sd, -; ck bk L bringing R hnds ovrhd, rec R bringing R hnds bk, sd L ( <i>W ck fwd R, rec L, sd R</i> ) to L-VARS, -; ck bk R bringing L hnds ovrhd, rec L bringing L hnds bk, sd R ( <i>W ck fwd L, rec R, sd L</i> ) to VARS, -;
<b>5</b>	<b>Man turns to CP;</b>	Relg hnds fwd L trng RF, rec R to fc ptr, sd L ( <i>W bk R, rec L, fwd R btw M's ft</i> ) to CP DRC,-;
<b>6</b>	<b>Natural Top 3;</b>	Trng RF XRib, sd L, cl R ( <i>W sd L, fwd R btw M's ft, sd L</i> ) to CP WALL;
<b>7</b>	<b>Latin Whisk;</b>	XLib ( <i>W XRib</i> ) to Mod SCP, rec R to fc, sd L, -; [On 1 <sup>st</sup> step trn hips but don't trn hd, keep eye contact]
<b>8</b>	<b>Close Point Freeze;</b>	Cl R/pt L to sd, -, -, -;
<b>9</b>	<b>1/2 Basic;</b>	Fwd L, rec R, sd L, -;
<b>10</b>	<b>Aida;</b>	Thru R to mom SCP, trng RF to fc sd L, contg RF trn bk & sd R to V-BK-TO-BK DRC ( <i>W DRW</i> ), -;
<b>11</b>	<b>Switch Cross;</b>	Trng LF bk & sd L to fc ptr, rec R to BFLY, XLif ( <i>W XRif</i> ), -;
<b>12</b>	<b>Crab Walk Ending;</b>	Sd R, XLif ( <i>W XRif</i> ), sd R, -;
<b>13 - 14</b>	<b>Syncopated Crab Walks ~ Recover Close;;</b>	XLif ( <i>W XRif</i> )/sd R, -, XLif ( <i>W XRif</i> )/sd R, -; XLif ( <i>W XRif</i> )/sd R, -, rec L, cl R; [Xif on toe and take good size side step]
<b>15</b>	<b>Vine 4;</b>	Sd L, XRib ( <i>W XLib</i> ), sd L, XRif ( <i>W XLif</i> ); [ <b>1<sup>st</sup> time chg hnds to R-HNDSHK</b> ]

## PART B

<b>1 - 2</b>	<b>Alemana to CP;;</b>	Fwd L, rec R, raisg jnd ld hnds cl L ( <i>W bk R, rec L, fwd &amp; sd R twds M's L sd prepq to trn R</i> ), -; XRib, rec L, sd R ( <i>W undr jnd hnds fwd L &amp; swvl 3/8 RF, fwd R twd WALL &amp; swvl 3/8 RF, fwd L comp full RF trn</i> ) to CP WALL;
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3 - 5	3 Cuddles;;;	Sd L xtndg L arm to sd, rec R, cl L plcg L hnd on W's bk ( <i>W trng RF 1/2 bk R xtndg R arm to sd, rec L trng LF, fwd &amp; sd R to fc M plcg R hnd on his L shldr</i> ), -; sd R & xtnd R arm to sd, rec L, cl R plcg R hnd on W's bk ( <i>W trng LF 1/2 bk L xtndg L arm to sd, rec R trn RF, fwd &amp; sd L to fc M placg L hnd on his R shldr</i> );-; rpt meas 3 blndg to CP WALL, -;
6 - 8	Underarm Turn to a Rope Spin;;;	Raisg ld hnds XRib, rec L, sd R, - ( <i>W XLif trn 1/2 RF undr jnd hnds, rec R cont trn to face ptr, sd L, spiral RF 7/8</i> ); sd L w/ partial wgt, rec R, cl L ( <i>W circ RF arnd M R, L, R</i> ), -; sd R w/ partial wgt, rec L, cl R ( <i>W cont circ L, R, L</i> ) to BFLY WALL,-;
9	Hand to Hand;	XLib to OP LOD, rec R to face ptr, sd L to BFLY WALL, -;
10	Knee Point Freeze;	Raise R knee crossg it slightly if of L knee/sharply xtnd R leg ptg R to sd, -, -, -; [Chg hnds to R-HNDSHK]

**PART C (R HNDSHK throughout)**

1	Facing fan;	Bk R, rec L trng 1/4 LF, sd R to fc LOD ( <i>W fwd L twd M, rec R trn 1/4 LF, bk L</i> ) to LOP-FCG LOD, -;
2	Forward Basic;	Fwd L, rec R, bk L, -;
3 - 4	To Back Walks;;	Bk R, L, R, -; bk L, R, L, -; [Place each ft bhd ( <i>if of</i> ) the other & both lean stlty fwd on jnd R hnds]
5	Facing Fan;	Bk R, rec L trng 1/4 LF, sd R to fc COH ( <i>W fwd L twd M, rec R trn 1/4 LF, bk L</i> ) to LOP-FCG COH, -;
6 - 7	Advanced Hockey stick;;	Fwd L, rec R trng 1/4 RF, sd L ( <i>W bk R, rec L, fwd R</i> ); cont trng RF bk R raisg ld hnds to form window, rec L contg RF trn, fwd R ( <i>W fwd L, fwd R &amp; spiral LF to fc M, bk L</i> ) to LOP-FCG DRW;
8	1/2 Basic;	Fwd L, rec R, sd L, -;
9	Facing fan;	Rpt meas 1 – 5 Part C;;;;;
10	Forward Basic;	
11 - 12	To Back Walks;;	
13	Facing Fan;	
14 - 15	Advanced Hockey stick ;;	Rpt meas 6 – 7 Part C;;

**ENDING**

1	Spot Turn to CP;	Relg hnds XRif ( <i>W XLif</i> ) trng 1/2 LF, rec L cont trn to fc ptr, sd R to CP WALL, -;
2	Side Close Dip & Quick Leg Crawl;	Sd L, cl R, dip bk L & on last « ping » W quickly brings L knee up M's R leg;



*Life Is Beautiful* (Italian: *La vita è bella*) is a 1997 Italian language film which tells the story of a Jewish Italian, Guido Orefice (played by Roberto Benigni, who also directed and co-wrote the film), who must learn how to use his fertile imagination to help his son survive their internment in a Nazi concentration camp. This ingenious, uplifting story is a breakthrough piece of motion picture artistry, a profound fable about a time in history that would deny folks their fairy tales.

The movie made the Cannes Film Festival in 1998, winning the Grand Prize of the Jury. It then went on to win Academy Awards for Best Music, Original Dramatic Score and Best Foreign Language Film; Benigni won Best Actor for his role.

LIFE IS BEAUTIFUL – WOODRUFF – RB V+2+1 – 2:52 – NICOLA PIOVANIINTRO (6 meas)

HNDSHK WALL wait 2 ;; Flirt ;;  
Slide Across ; Lady Turns to HNDSHK ;

PART A (15 meas)

**Turkish Towel** to fc LOD ;;;  
Man Turns to CP ; Natural Top 3 ; Latin Whisk ; Cl Pt Freeze ;  
½ Basic ; Aida ; Switch Cross ; Crab Walk Ending ;  
Syncopated Crab Walks ~ Rec Cl ;; Vine 4 ;

PART A (15 meas)

**Turkish Towel** to fc LOD ;;;  
Man Turns to CP ; Natural Top 3 ; Latin Whisk ; Cl Pt Freeze ;  
½ Basic ; Aida ; Switch Cross ; Crab Walk Ending ;  
Syncopated Crab Walks ~ Rec Cl ;; Vine 4 ;

PART B (10 meas)

Alemana to CP ;; 3 Cuddles ;;  
Underarm Turn to a **Rope Spin** ;;  
Hand to Hand ; Knee Point Freeze to HNDSHK ;

PART C (15 meas)

Facing Fan ; Fwd Basic to Bk Walks ;;  
Facing Fan ; **Advanced Hockey Stick** ;; ½ Basic ;  
Facing Fan ; Fwd Basic to Bk Walks ;;  
Facing Fan ; **Advanced Hockey Stick** ;;

PART A (15 meas)

**Turkish Towel** to fc LOD ;;;  
Man Turns to CP ; Natural Top 3 ; Latin Whisk ; Cl Pt Freeze ;  
½ Basic ; Aida ; Switch Cross ; Crab Walk Ending ;  
Syncopated Crab Walks ~ Rec Cl ;; Vine 4 ;

PART B (1-9)

Alemana to CP ;; 3 Cuddles ;;  
Underarm Turn to a **Rope Spin** ;;  
Hand to Hand ;

ENDING (2 meas)

Spot Turn to CP ; Side Close Dip & Qk Leg Crawl ;