



# ORINOCO FLOW

Choreographers:	<b>Release date:</b> July 2008 – Revisited February 2009
<b>Annette &amp; Frank Woodruff</b> Rue du Camp, 87 7034 Mons, Belgium Tel: 00 32 65 73 19 40	<b>Rhythm:</b> Rumba IV+1 (Single Cuban) +1 (Circular Vine)
	<b>Music:</b> Track 1 of album Dreamchase by Celtic Spirit. Several mp3 sites. Shortened to 3:05 @ unchanged speed [Cut off first 10" then fade out from 2:50 to 3:05]
	<b>Footwork:</b> Opposite except where "same footwork" is indicated.
<b>E-mail: anfrank@skynet.be</b>	<b>Sequence: Intro - ABC – A – B* - D – C – A*A*- Ending</b>

## INTRODUCTION (Same Footwork)

1 - 3	Wait ~ Slow Side;;;	Facing no hands both with L ft ptd sd wt 10 beats [4 strong chords];,, On beat 11 [5 <sup>th</sup> strong chord] take weight on L, -;
4	Spot Turn to BFLY;	XRif trn 1/2 LF, rec L cont trn to face ptr, sd R to BFLY [slt SCAR] WALL, -;

## PART A [Same Footwork]

1	Circular Front Vine 4;	[First step on the word "sail"] Wheelg CCW XLif, sm sd R, XLib, sm sd R;
2	Fence Line;	BFLY SCAR thru L w/ soft knee, rec R to fc, sd L to BFLY slt BJO, -;
3	Circular Front Vine 4;	Wheelg CW XRif, sm sd L, XRib, sm sd L;
4	Fence Line;	BFLY BJO thru R w/ soft knee, rec L to fc, sd R to fc, -/rel all hnds;
5	Solo Front Vine 4;	M twd RLOD ( <i>W twd LOD</i> ) XLif, sm sd R, XLib, sm sd R;
6	Spot Turn;	XLif trng 1/2 RF, rec R cont trn, sd L, -;
7	Solo Front Vine 4;	M twd LOD ( <i>W twd RLOD</i> ) XRif, sm sd L, XRib, sm sd L;
1 <sup>st</sup> & 2 <sup>nd</sup> time 8	Spot Turn Man in 4;	XRif trng 1/2 LF, rec L cont trn to fc ptr, sd R, rec L ( <i>W XRif trng 1/2 LF, rec L cont trn to fc, sd R, -</i> ) to BFLY WALL; [=Transition to opposite footwork]
*3 <sup>rd</sup> & 4 <sup>th</sup> time 8	Spot Turn to BFLY;	Man omit last step = regular Spot Turn ending w/ L ft free for both;

## PART B

1 - 2	Crab Walks;;	XRif ( <i>W XLif</i> ), sd L, XRif ( <i>W XLif</i> ), -; sd L, XRif ( <i>W XLif</i> ), sd L, -;
3	Aida;	Fwd R trng RF, relg trl hnds sd L cont RF trn, bk R to V bk-to-bk pos with ld hnds still jnd, -;
4	Switch Cross;	Trng LF to fc ptr sd L ckg, rec R, XLif to BFLY WALL, -;
5	Curacacha R;	Sd R, rec L, cl R, -;
6	1/2 Basic Lady Wraps;	Fwd L, rec R trng 1/8 RF, cL L ( <i>W bk R, rec L trng 3/8 LF undr jnd ld hnds, sd &amp; bk R bringing jn ld hnds dwn at waist level ld hnds still jnd on R sd of W's waist</i> ) to WRP DRW, -;
7	Wheel 1/2;	Whl fwd R, L, R ( <i>W bk L, R, L</i> ) to WRP DLC, -;
8	Unwrap to OP;	Relg ld hnds cont whl [1/4] L, R, L ( <i>W relg ld hnds roll full RF trn out of M's arm R, L, R</i> ) to V-OP [M fcg DLW W fcg DLC], -;
1st Time 9 - 10	New Yorker to Low BFLY;	XRif ( <i>W XLif</i> ) to OP, rec L to fc ptr, sd R to Low BFLY WALL, -;
	2 Slow Hip Rocks;	Sm sd L w/ hip action, -, sm sd R w/ hip action, -;
*2 <sup>nd</sup> time 9 - 10	New Yorker 2x to BFLY	As meas 9 above; XLif ( <i>W XRif</i> ) to LOP, rec R to fc ptr, sd L to BFLY, -;

**PART C**

1	2 Side Closes;	Sd L, cl R, sd L, cl R;
2 - 3	Alemana to CP;;	Fwd L, rec R, raisg jnd hnds cl L ( <i>W bk R, rec L, fwd &amp; sd R twds M's L sd prepq to trn RF</i> ), -; XRib, rec L, sd R ( <i>W fwd L &amp; swvl 1/2 RF, fwd R twd WALL &amp; swvl 1/4 RF, fwd L comp full RF trn</i> ) to CP WALL, -;
4 - 5	2 Cuddles to CP;;	Sd L xtndg L arm to sd, rec R, cl L plcg L hnd on W's bk ( <i>W trng RF 1/2 bk R xtndg R arm to sd, rec L trng LF, fwd &amp; sd R to face M plcg R hnd on his L shldr</i> ), -; Sd R & extend R arm to sd, rec L, cl R ( <i>W trng LF 1/2 bk L xtndg L arm to sd, rec R trn RF, fwd &amp; sd L to fc M</i> ) blndg to CP WALL, -;
6	Latin Whisk;	Keepg eye contact XLib ( <i>W XRib</i> ) trng at hips, rec R to be square to W, sd L, -;
7	... to Fan;	Bk R, rec L, sd R ( <i>W fwd L into M, trng LF 1/4 sd &amp; bk R to fc RLOD, bk L leaving R xtnd fwd</i> ), -;
8	Exit to Bfly Man in 4;	Fwd L, rec R, sd L, rec R ( <i>W cl R, fwd L, fwd R trng RF 1/4 to fc M, -</i> ) to BFLY WALL;

**PART D**

1 - 4	Q&Q, Q&Q; Q&Q,	3 Cuban Breaks ~	In BFLY thruout XRif ( <i>W XLif</i> )/rec L, sd R, XLif ( <i>W XRif</i> )/rec R, sd L; XRif ( <i>W XLif</i> )/rec L, sd R,
	QQ;S	New Yorker checking ~	Thru L to LOP RLOD, rec R to fc ptr; sd L to BFLY WALL ckg, -,
	S; SS;	Slow Door to OP;;;;	Sd R, -; rec L, -, thru R to OP LOD, -; [alternate cue CUCARACHA CROSS]
5 - 8	Q&Q, Q&Q; Q&Q,	3 Cuban Breaks ~	XLif ( <i>W XRif</i> )/rec R, sd L, XRif ( <i>W XLif</i> )/rec L, sd R; XLif ( <i>W XRif</i> )/rec R, sd L,
	QQ;S	New Yorker to Face checking ~	Thru R, rec L to face ptr; sd R to BFLY WALL ckg, -,
	S; SS;	Slow Door to LOP ;;;;;	Sd L, -; rec R, -, thru L to LOP RLOD, -;
9 - 12	Q&Q, Q&Q; Q&Q,	3 Cuban Breaks ~	XRif ( <i>W XLif</i> )/rec L, sd R, XLif ( <i>W XRif</i> )/rec R, sd L; XRif ( <i>W XLif</i> )/rec L, sd R,
	QQ;S	New Yorker to Face ~	Thru L, rec R to fc ptr; sd L to BFLY WALL, -,
	S; SS;	Slow Spot Turn to BFLY;;;;	XRif trng 1/2 LF, -; rec L cont trn to face ptr, - , sd R to Low BFLY, -;
13	SS;	2 Slow Hip Rocks;	Sm sd L w/ hip action, -, sm sd R w/ hip action, -;

**ENDING [Same Footwork]**

1	Side Lunge Apart;	Keeping both hnds jnd low lun sd L w/ R ptd sd lookg at each other, hold, hold, hold;
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**The original version of this cue-sheet had, in Part C, a face loop at the end of the Alemana into the Cuddles. Experience has shown this to be unnecessarily complicated, so it has been removed and constitutes the only change of the "revisitation". If you have taught/learned this dance with the face loop and like it, don't change a thing!**

Let me sail, let me sail,  
let the Orinoco Flow,  
let me reach, let me beach  
on the shores of Tripoli.  
Let me sail, let me sail,  
let me crash upon your shore,  
let me reach, let me beach  
far beyond the Yellow Sea.

Sail away, sail away, sail away.

From Bissau to Palau - in the shade of Avalon,  
from Fiji to Tiree and the Isles of Ebony,  
from Peru to Cebu hear the power of Babylon,  
from Bali to Cali - far beneath the Coral Sea.

Turn it up, turn it up, turn it up, up, adieu. Ooh.

Sail away, sail away, sail away.  
From the North to the South, Ebudæ into Khartoum,  
from the deep sea of Clouds to the island of the moon,  
carry me on the waves to the lands I've never been,  
carry me on the waves to the lands I've never seen.  
We can sail, we can sail on the Orinoco Flow,  
we can sail, we can sail.

We can reach, we can beach,  
on the shores of Tripoli,  
we can sail, we can sail  
(sail away, sail away, sail away)  
From Bali to Cali - far beneath the Coral Sea,  
we can sail, we can sail  
(sail away, sail away, sail away)  
From Bissau to Palau - in the shade of Avalon,  
we can sail, we can sail

ORINOCO FLOW – WOODRUFF – RB IV+1+1 – 3:05 – CELTIC SPIRITINTRO (4 meas) Same Footwork

Fcg WALL & ptr no hands, both w/ L ft ptd to sd wait & on 5<sup>th</sup> strong chord take weight on L ;;; Spot Turn to BFLY SCAR ;

PART A (8 meas) Same Footwork

Circular Front Vine 4 ; Fence Line ; Circular Front Vine 4 ; Fence Line ; Solo Front Vine 4 ; Spot Turn ; Solo Front Vine 4 ; Spot Turn Man in 4 ;

PART B (10 meas)

Crab Walks ;; Aida ; Switch Cross ; Cucaracha R ;  
½ Basic Lady Wraps ; Wheel ½ ; Unwrap to OP ; New Yorker to Low BFLY ;  
2 Slow Hip Rocks ;

PART C (8 meas)

2 Side Closes ; Alemana to CP ;; 2 Cuddles to CP ;;  
Latin Whisk to a Fan ;; Exit to BFLY Man in 4 ;

PART A (8 meas) Same Footwork

Circular Front Vine 4 ; Fence Line ; Circular Front Vine 4 ; Fence Line ; Solo Front Vine 4 ; Spot Turn ; Solo Front Vine 4 ; Spot Turn Man in 4 ;

PART B\* (10 meas)

Crab Walks ;; Aida ; Switch Cross ; Cucaracha R ;  
½ Basic Lady Wraps ; Wheel ½ ; Unwrap to OP ; New Yorker 2x ;;

PART D (13 meas)

3 Single Cubans ~ New Yorker to BFLY Checking ~ Slow Cucaracha Cross to OP ;;;

3 Single Cubans ~ New Yorker to BFLY Checking ~ Slow Cucaracha Cross to LOP ;;;

3 Single Cubans ~ New Yorker to BFLY ~ Slow Spot Turn to BFLY ;;;  
2 Slow Hip Rocks ;

PART C (8 meas)

2 Side Closes ; Alemana to CP ;; 2 Cuddles to CP ;;  
Latin Whisk to a Fan ;; Exit to BFLY Man in 4 ;

PART A\* (8 meas) Same Footwork

Circular Front Vine 4 ; Fence Line ; Circular Front Vine 4 ; Fence Line ; Solo Front Vine 4 ; Spot Turn ; Solo Front Vine 4 ; Spot Turn to BFLY ;

PART A\* (8 meas) Same Footwork

Circular Front Vine 4 ; Fence Line ; Circular Front Vine 4 ; Fence Line ; Solo Front Vine 4 ; Spot Turn ; Solo Front Vine 4 ; Spot Turn to BFLY ;

ENDING (1 meas) Same Footwork

Side Lunge Apart look at partner ;