

PROCEED WITH CAUTION



Choreographers:	Release date: June 2008
Annette & Frank Woodruff Rue du Camp, 87 7034 Mons, Belgium Tel: 00 32 65 73 19 40 annetteandfrank@gmail.com	Rhythm: Foxtrot V Difficulty: Average
	Music: Casa Musica Ballroom Mix 1, CD2, Track 1, Eartha Kitt
	Time & Speed: 2:25 @ unchanged speed
	Footwork: Opposite except where indicated (<i>W's footwork in parentheses</i>)
	Sequence: Intro-A-B-A(1-8)-A(1-8)-C

INTRODUCTION

1		Wait;	CP DLW trl ft free wt 1 meas;
2	SQQ	Feather Finish;	Bk R stg LF trn, -, trng LF sd L, fwd R to BJO DLC;

PART A

1	SS (SQQ&)	Double Reverse to face LOD;	Fwd L com LF trn, -, sd R cont LF trn, spin LF on ball of R bringing L ft beside R w/ no wgt & keepg knees relaxed (<i>W bk R com LF trn on R heel, -, cont trn on R heel & cl L, sd & bk R contg trn/ XLif</i>) to CP LOD;
2 - 3	SQQ SQQ	Reverse Turn;;	Fwd L stg LF trn, - sd R contg trn, bk L compg 3/8 LF trn (<i>W bk R stg LF trn, cont trn on R heel & cl L, fwd R btw M's ft</i>) to CP RLOD; bk R trng LF, -, sd L contg LF trn, fwd R to BJO DLW;
4	SQQ	Three-Step;	Fwd L, -, fwd R heel to toe w/ slight LF trn blending to CP, fwd L to CP DLW;
5 - 6	SQQ QQQQ/ &	Natural Weave to.... ;;	Fwd R com to trn RF, -, sd L contg RF trn, w/ R sd ld bk R twds DLC prepg to ld W outsd ptr (<i>W bk L trng RF, -, fwd R btw M's ft, fwd L w/ L sd ld</i>); bk L in BJO, bk R com LF trn, sd & fwd L trng LF ¼ & prepg to step outsd ptr, fwd R (<i>W fwd R outsd ptr, fwd L com LF trn, sd R trng LF, bk L trng LF</i>) to BJO DLW/spin 1/8 LF on ball of R ft keepg L leg xtnd bk;
7 - 8	QQQQ QQQQ	Double Top Spin to face DLC;;	Trng 5/8 LF ovr next 4 steps bk L, bk R, sd & fwd L, fwd R to BJO RLOD/ spin 1/8 LF on ball of R ft keepg L leg xtnd bk;; rpt meas 7 Part A to BJO DLC;
9	SS (SQQ&)	Double Reverse to face LOD;	Rpt meas 1-4 Part A;;;;;
10 - 11	SQQ SQQ	Reverse Turn;;	
12	SQQ	Three-Step;	
13 - 14	SQQ QQQQ	Natural Weave;;	Fwd R com to trn RF, -, sd L contg RF trn, w/ R sd ld bk R twds DLC prepg to ld W outsd ptr (<i>W bk L trng RF, -, fwd R btw M's ft, fwd L w/ L sd ld</i>); bk L in BJO, bk R com LF trn, sd & fwd L trng LF ¼ & prepg to step outsd ptr, fwd R (<i>W fwd R outsd ptr, fwd L com LF trn, sd R trng LF, bk L trng LF</i>) to BJO DLW;
15	SQQ	Hover Telemark;	Fwd L, -, fwd & sd R w/ slt rise trng ¼ RF, fwd L (<i>W bk R, -, bk & sd L w/ rise trng RF & brushg R to L, fwd R</i>) to SCP DLW;
16	SQQ	Chair & Slip to fc LOD;	Lun fwd R w/ bent knee & upper bdy erect as if sitg in chair, -, rec L, trng 1/8 LF slip R bhd L (<i>W swvl LF on R & step fwd L outsd M's R ft</i>) to CP LOD;
17	SS	Change of Direction;	Fwd L, -, fwd & slightly sd R trng LF, draw L to CP DLC;

PART B

1	QQQQ	Quick Telemark 4 with Maneuver;	Fwd L com LF trn, sd R contg LF trn, sd & fwd L compg LF trn to SCP DLW, fwd R turning RF in frnt of W (<i>W bk R com LF trn bringing L ft beside R w/ no wgt, contg trng LF on R heel & chg wgt to L, sd & stly fwd R to SCP, sm fwd L</i>) to CP DRW;
2	SS	Hesitation Change;	Bk L trng RF, -, sd R contg RF trn to CP DLC, draw L;
3	QQQQ	Quick Telemark 4 with Maneuver;	Rpt meas 1-2 Part B;;
4	SS	Hesitation Change;	
5 - 6	QQS QQS	Diamond turn ½ checking;;	Fwd L, -, trng ¼ LF sd R to BJO, bk L; bk R, -, trng ¼ LF sd L, fwd R to BJO DRW;
7	QQQQ	Weave Ending;	Bk L, trng LF bk R to CP, cont LF trn sd & fwd L, compg 3/8 LF trn fwd R to BJO LOD;
8	QQQQ	Hover Cross Ending to DRC;	On toe w/ L sd ld fwd L, rec R, trng LF sd L, contg LF trn fwd R to BJO DLC;
9	QQQQ	Quick Impetus 4 with Pickup;	Com bdy RF trn bk L, cont RF trn on L heel & cl R risg to ball, fwd L to SCP DLC, sm fwd R ldg W to CP (<i>Wcom bdy RF fwd R w/ heel ld btw M's ft & pvt 1/2, sd & fwd L contg trn, fwd R to SCP DLC, trng LF fwd L foldg in frnt of M</i>) to CP DLC;
10	SS	Drag Hesitation;	Fwd L, -, stg LF trn sd R, contg LF trn draw L to BJO DRC;
11	QQQQ	Quick Impetus 4 with Pickup;	Rpt meas 9-10 Part B;;
12	SS	Drag Hesitation;	
13	QQS	Impetus to Semi;	Com bdy RF trn bk L, -, cont RF trn on L heel & cl R risg to ball, fwd L (<i>Wcom bdy RF fwd R w/ heel ld between M's ft & pvt 1/2, -, sd & fwd L contg trn arnd M & brush R to L, fwd R</i>) to SCP DLC;
14	S- (QQS)	Cross Hesitation;	Fwd R, -, trn ¼ LF on ball of R ft, - (<i>W fwd L stg LF trn, -, sd R arnd M trng LF, contg LF trn cl L</i>) to BJO DRC;
15	QQQQ	Weave Ending;	Bk L, trng LF bk R to CP, cont LF trn sd & fwd L, compg 3/8 LF trn fwd R to BJO LOD;
16	QQQQ	Hover Cross Ending;	On toe w/ L sd ld fwd L, rec R, w/ slight LF bdy trn sd L, w/ R shldr ld fwd R to BJO DLC;

PART C

1	SS	Drag Hesitation;	Fwd L, -, stg LF trn sd R, contg LF trn draw L to BJO DRC;
2	SQQ	Impetus to SCP;	Com bdy RF trn bk L, -, cont RF trn on L heel & cl R risg to ball, fwd L (<i>Wcom bdy RF fwd R w/ heel ld between M's ft & pvt 1/2, -, sd & fwd L contg trn arnd M & brush R to L, fwd R</i>) to SCP DLC;
3	SQQ	Slow Side Lock;	Thru R, -, sd & fwd L to CP, cl R trn slighly LF (<i>W thru L stg LF trn, -, sd & bk R cont trn to CP, XLif</i>) to CP DLC;
4	SQQ	Open Reverse Turn;	Fwd L stg LF bdy trn, -, cont trn sd R, w/ R sd ld bk L (<i>W bk R stg LF trn, -, cont trn sd L, fwd R</i>) to BJO RLOD;
5	SQQ	Hover Corte;	Bk R stg LF trn, -, sd & bk L w/ hvrg action contg bdy trn, rec R (<i>W fwd L trng LF, -, sd & fwd R w/ hvrg & brush action, rec L outsd M</i>) to BJO LOD;
6	QQQQ	Back Vine 4;	XLib, sd R, XLif, sd R to BJO LOD;
7	S-	Outside Swivel;	Bk L trn 1/4 RF, -, brush Rif (<i>W fwd R, swvl RF on ball of R</i>) to SCP LOD, -;
8	S-	Whiplash;	Thru R, -, trn bdy RF pt L to sd (<i>W thru L, -, swvl on L to fc M & pt R to sd</i>) to CP DLW, -;
9	SQQ	Back Hover to SCP;	Bk L, -, bk R risg slightly, rec L (<i>W fwd R, -, fwd & sd L trng RF risg & brushg R to L, contg RF trn sd & fwd R</i>) to SCP DLW;
10	SQ&Q	Syncopated Vine;	Thru R, -, sd L/XRib (<i>W XLib</i>), sd L to SCP DLC;
11	SQ&Q	Thru & Quick Run 3;	Thru R, -, sm fwd L/R, L;
12	S-	Chair;	Ck thru R w/ bent knee in sitting action, -, hold, hold;

An illegitimate child, Eartha Kitt was born in the cotton fields of South Carolina, the daughter of a white dirt farmer and a black Cherokee mother. Given away by her mother, she arrived in Harlem at age nine, and at 15 she quit high school to work in a Brooklyn factory. As a teenager, Kitt lived in friends' homes and in the subways. By the 1950s, however, she had sung and danced her way out of poverty and into the spotlight: performing with the Katherine Dunham troupe on a European tour, soloing at a Paris night club and becoming the toast of the Continent. Orson Welles called her "the most exciting girl in the world". She speaks out on hard issues and plays no favorites; at one point, she drew flak from blacks by working throughout South Africa and reveling in her treatment there as an honorary white.



PROCEED WITH CAUTION – WOODRUFF – FT V – 2:25 – EARTHA KITT

INTRO (2 meas)

CP DLW Trail Foot Free wait 1 ; Feather Finish ;

PART A (17 meas)

Double Reverse to fc LOD ; Reverse Turn ;; Three Step ;

Natural Weave to a Double Top Spin to fc DLC ;;;

Double Reverse to fc LOD ; Reverse Turn ;; Three Step ;

Natural Weave ;; Hover Telemark ; Chair & Slip ; Change of Direction ;

PART B (16 meas)

Qk Telemark 4 w/ Manuver ; Hesitation Change ; Qk Telemark 4 w/

Manuver ; Hesitation Change ; Diamond Turn ½ Checking ;; Weave Ending;

Hover Cross Ending Overturned to DRC ;

Qk Impetus 4 w/ Pick Up ; Drag Hesitation ; Qk Impetus 4 w/ Pick Up ;

Drag Hesitation ; Impetus to SCP ; Cross Hesitation ; Weave Ending ;

Hover Cross Ending ;

PART A (1-8)

Double Reverse to fc LOD ; Reverse Turn ;; Three Step ;

Natural Weave to a Double Top Spin to fc DLC ;;;

PART A (1-8)

Double Reverse to fc LOD ; Reverse Turn ;; Three Step ;

Natural Weave to a Double Top Spin to fc DLC ;;;

PART C (12 meas)

Drag Hesitation ; Impetus to SCP ; Slow Side Lock ; Open Reverse Turn;

Hover Corte ; Back Vine 4 ; Outside Swivel ; Whiplash ;

Back Hover to SCP ; Syncopated Vine ; Thru & Qk Run 3 ; Chair ;