



Ruski-Cha

Choreographers:	Release date: August 2012
Annette & Frank Woodruff Rue du Camp, 87 7034 Mons, Belgium Tel: 32-65-73 19 40	Rhythm & Phase: Cha Cha III+1 (Triple Cha) - Average
	Artist: SL-Project ; Album: Demons.Opus1; Track: Deputies; MP3 download from YouTube.
	Time & Speed: Shortened to 2:38 @ original speed.
	Footwork: Opposite except where indicated (W's footwork in parentheses)
annetteandfrank@gmail.com	Sequence: Intro – ABC – ABC – C - Ending

INTRODUCTION

1	Wait ;	LOW BFLY WALL wt 1 meas ;
2	2 Side Closes ;	Sd L, cl R, sd L, cl R ; [use merengue style]

PART A

1 – 2	Basic ; ;	In BFLY fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R;
3	New Yorker ;	XLif (<i>W XRif</i>) w/ straight leg trng to LOP RLOD, rec R to BFLY, sd L/cl R, sd L;
4	New Yorker 4 ;	XRif (<i>W XLif</i>) w/ straight leg to OP LOD, rec L to BFLY, sd R, rec L;
5 - 6	New Yorker ;	XRif (<i>W XLif</i>) w/ straight leg trng to OP LOD, rec L to BFLY, sd R/cl L, sd R/lift lightly on R ft;
	Hop New Yorker 4 ;	XLif (<i>W XRif</i>) w/ straight leg to LOP RLOD, rec R to BFLY, sd L, rec R;
7 - 8	Spot Turn 2x ; ;	Relg hnds XLif (<i>W XRif</i>) stg RF trn, rec R contg to trn RF, compg full RF trn sd L/cl R, sd L to mom BFLY; relg hnds XRif (<i>W XLif</i>) trng LF, rec L contg LF trn to BFLY, sd R/cl L, sd R;

PART B

1 - 2	Traveling Door Both Ways ; ;	In wide BFLY sd L, rec R, XLif (<i>W XRif</i>)/sd R, XLif (<i>W XRif</i>); sd R, rec L, XRif (<i>W XLif</i>)/sd L, XRif (<i>W XLif</i>);
3 - 4	Side Walks ; ;	In narrow BFLY hands down & lookg at ptr sd L, cl R, sd L/cl R, sd L; cl R, sd L, cl R/sd L, cl R;
5 - 6	Cucaracha L & R ; ;	Circling ld hnds up sd & down to sd press L, rec R, cl L/ip R, ip L ; circling trl hnds up sd & all the way down press R, rec L, cl R/ip L, ip R ;
7 - 8	Side Walks ; ;	Rpt meas 3-4 Part B ; ;
9	Vine 2 Face to Face ;	In BFLY sd L, XRib (<i>W XLib</i>), sd L/cl R, trng 3/8 LF sd & fwd L to almost BK-TO-BK;
10	Vine 2 Back to Back ;	Sd R, XLib (<i>XRib</i>), sd R/cl L, trng 3/8 RF sd & fwd R to LOW BFLY ;
11 - 12	Side Walks ; ;	Rpt meas 3-4 Part B ; ;
13	½ Basic ;	In LOP-FCG fwd L, rec R, sd L/cl R, sd L;
14	Underarm Turn ;	Raisg jnd ld hnds XRib, rec L to fc ptr, sd R/cl L, sd R (<i>W XLif trng RF undr jnd hnds, rec R contg RF trn, compg RF trn to fc ptr sd L/cl R, sd L</i>);
15	Hand to Hand ;	XLib (<i>W XRib</i>) to OP LOD, rec R to fc, sd L/cl R, sd L to mom BFLY WALL;
16	Spot Turn ;	Relg hnds XRif (<i>W XLif</i>) trng LF, rec L contg LF trn to BFLY, sd R/cl L, sd R;

PART C

1	Open Break ;	Raisg trl hnd straight up apt L, rec R, sd L/cl R, sd L;
2	Whip ;	Bk R trng ¼ LF, rec L trng ¼ LF, sd R/cl L, sd R (<i>W fwd L reachg in front of M, fwd & sd R trng LF ½, sd L/cl R, sd L</i>) to LOP-FCG COH;
3	Open Break ;	Repeat meas 1-2 Part C to LOP-FCG WALL ; ;
4	Whip ;	
5 - 6	Break to Triple Cha ; ;	XLib (<i>W XRib</i>) trng to OP LOD, rec R trng 1/8 LF, fwd & sd L/lk Rib, fwd L trng ¼ RF to slight BK-TO-BK; fwd & sd R/lk Lib, fwd R trng ¼ LF & briefly tchg ld hnds, fwd & sd L/lk Rib, fwd L;
7	Spot Turn ;	Relg hnds XRif (<i>W XLif</i>) trng LF, rec L contg LF trn to BFLY, sd R/cl L, sd R;
8	Hand to Hand in 4 ;	Rk bk L to OP LOD, rec R to BFLY, sd L, rec R;

Repeat Parts A, B

Repeat Part C 2x

ENDING

1	2 Side Closes to Side Corte ;	Sd L, cl R, sd L, cl R/lunge sd L ;
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RUSKI-CHA – WOODRUFF – CH III+1 – 2:38 – SL-PROJECT

INTRO (2 meas)

BFLY WALL Wait 1 ; 2 Side Closes ;

PART A (8 meas)

Basic ; ; New Yorker ; New Yorker 4 ;
New Yorker ; Hop New Yorker 4 ; Spot Turn 2x ; ;

PART B (16 meas)

Traveling Door Both Ways ; ; Low BFLY Side Walks ; ;
With arms Cucaracha L & R ; ; Low BFLY Side Walks ; ;
Vine 2 Fc to Fc ; Vine 2 Bk to Bk ; Low BFLY Side Walks ; ;
½ Basic ; Underarm Turn ; Hand to Hand ; Spot Turn ;

PART C (8 meas)

Open Break ; Whip ; Open Break ; Whip ;
Bk Break to Triple Cha ; ; Spot Turn ; Hand to Hand in 4 ;

PART A (8 meas)

Basic ; ; New Yorker ; New Yorker 4 ;
New Yorker ; Hop New Yorker 4 ; Spot Turn 2x ; ;

PART B (16 meas)

Traveling Door Both Ways ; ; Low BFLY Side Walks ; ;
With arms Cucaracha L & R ; ; Low BFLY Side Walks ; ;
Vine 2 Fc to Fc ; Vine 2 Bk to Bk ; Low BFLY Side Walks ; ;
½ Basic ; Underarm Turn ; Hand to Hand ; Spot Turn ;

PART C (8 meas)

Open Break ; Whip ; Open Break ; Whip ;
Bk Break to Triple Cha ; ; Spot Turn ; Hand to Hand in 4 ;

PART C (8 meas)

Open Break ; Whip ; Open Break ; Whip ;
Bk Break to Triple Cha ; ; Spot Turn ; Hand to Hand in 4 ;

ENDING (1 meas)

2 Side Closes to a Side Corte;

<https://www.youtube.com/watch?v=4CYqw4s6XF8>