



SAIL ALONG

Choreographers:	Release date: May 2006
Annette & Frank Woodruff Rue du Camp, 87 7034 Mons, Belgium Tel: 00 32 65 73 19 40	Rhythm & Phase: Slow-Two-Step & Jive IV+1 (Triple Traveler)
	Music: "Sail Along Silv'ry Moon" by Chet Atkins with Danny Davis22
annetteandfrank@gmail.com	Time & Speed: 2:03 @ unchanged CD speed
	Footwork: Opposite except where indicated (<i>W's footwork in parentheses</i>)
	Sequence: Intro - A - B - C - B - C(1-4) - D - A(1-7) - Ending

INTRODUCTION

1	Wait;	CP LOD Wait 5 notes;
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PART A

1 - 3	Triple Traveler ;;;	Fwd L com LF upper bdy trn raisg jnd ld hnds to ld W into LF trn, -, fwd R, fwd L (<i>W bk R trng 1/4 LF, -, sd L trng 1/2 undr jnd ld hnds, sd & fwd R contg trn to LOP LOD</i>); fwd R spiral LF undr jnd hnds, - fwd L, fwd R (<i>W fwd L, -, fwd R, fwd L</i>); fwd L bring jnd hnds dwn & bk up in cont circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLif (<i>W fwd R com RF trn, -, sd L cont RF trn undr ld hnds, fwd R to fc ptr</i>);
4	Basic Ending to Pick Up ;	Side R blendg to CP COH, -, XLib (<i>W Xib</i>), rec R ldg W in frt;
5 - 7	Triple Traveler ;;;	Fwd L com LF upper bdy trn raisg jnd ld hnds to ld W into LF trn, -, fwd R, fwd L (<i>W bk R trng 1/4 LF, -, sd L trng 1/2 undr jnd ld hnds, sd & fwd R contg trn to LOP RLOD</i>); fwd R spiral LF undr jnd hnds, - fwd L, fwd R (<i>W fwd L, -, fwd R, fwd L</i>); fwd L bring jnd hnds dwn & bk up in cont circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLif (<i>W fwd R com RF trn, -, sd L cont RF trn undr ld hnds, fwd R to fc ptr</i>);
8	Basic Ending ;	Side R blendg to CP WALL, -, XLib (<i>W Xib</i>), rec R;

PART B

1	Side Basic ;	Sd L, -, XRib (<i>W Xib</i>), rec L;
2	Open Basic Ending to Maneuver ;	Sd R trng to 1/2 OP LOD, -. XLib, thru R reachg in frt of W in manuv action (<i>W thru L</i>);
3 - 4	Switch ;;	Sd L Xg in frt of W to L 1/2 OP, -, fwd R, fwd L (<i>W fwd R, -, fwd L, fwd R manuvg in frt of M</i>); fwd R, -, fwd L, fwd R manuvg in frt of W (<i>W sd L Xg in frt of M to 1/2 OP, fwd R, fwd L</i>);
5	Roll 3 ;	Roll dwn LOD fwd L, -, sd & bk R, sd L to mom BFLY;
6	Thru Side Behind ;	Thru R to OP, -, sd L to mom BFLY, bk R to mom LOP RLOD;
7	Roll 3 ;	Sd & fwd L twd LOD, -, cont roll sd & bk R, sd L to fc ptr;
8	Thru Face Close to CP ;	Thru R, -, sd L to fc ptr, cl R to CP WALL;

PART C

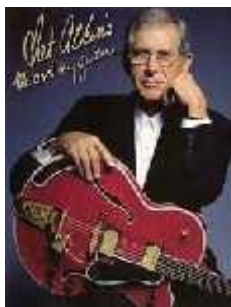
1	Chasse L & R ;	Sd L/cl R, sd L, sd R/cl L/ sd R;
2	Rock Recover Swivel 2 ;	Rk bk L to SCP, rec R, w/ swvl action in & out fwd L, R;
3	2 Forward Triples ;	Fwd L/cl R, fwd L, fwd R/cl L, fwd R;
4	Swivel Walk 4 ;	W/ swvl action in & out fwd L, R, L, R;
5 - 6	4 Point Steps ;;	Pt fwd L on outsd edge of ft, fwd L, lookg bk ovr R shldr pt fwd R on outsd edge of ft, lookg ahead fwd R; rpt meas 5 Part C;
7	2 Forward Triples to face ;	Fwd L/cl R, fwd L, fwd R/cl L, fwd R;
8	2 side closes ;	Sd L, cl R, sd L, cl R;

PART D

1	Throwaway ;	Sm fwd L/cl R, fwd L (<i>W fwd R/cl L, fwd R trng LF to end if of M</i>), sip R/L, R (<i>W bk L/cl R, bk L</i>) to LOP-FCG LOD;
2 - 4	Change L to R to CP ~	Rk apt L, rec R, sd L/cl R, sd L trng ¼ RF (<i>W trn ¾ LF undr jnd ld hnds R/L, R</i>); twd RLOD sd R/cl L, sd R to CP WALL, ~
	Double Rock Back ~	Blendg to SCP rk bk L, rec R, rk bk L, rec R;
	Walk & Pick Up ;;;	Fwd L, -, fwd R ldg W to step in front to LOP-FCG LOD, -;

ENDING

1	Step Side ~ Apart Point ;	Sd R, -, apt L, pt R twd ptr;
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Chester Burton "Chet" Atkins (June 20, 1924 – June 30, 2001) was an influential guitarist and record producer. His virtuoso picking style - inspired by Merle Travis, Django Reinhardt, George Barnes and Les Paul - brought him admirers both within and outside the country scene. Atkins produced records for Eddy Arnold, Don Gibson, Jim Reeves, Connie Smith, and Waylon Jennings. He created, along with Owen Bradley, the smoother country music style known as the Nashville sound, which expanded country music's appeal to include adult pop music fans as well.

SAIL ALONG – WOODRUFF – STS/JV IV+1 – 2:03 – CHET ATKINS

INTRO (None)

CP LOD wait 5 notes ;

PART A (STS) (8 meas)

Triple Traveler ;;; Basic Ending to Pick Up ;

Triple Traveler ;;; Basic Ending ;

PART B (STS) (8 meas)

Side Basic ; Open Basic Ending to Manuv ; Man Switch ; Lady Switch ;
Roll 3 ; Thru Sd Behind ; Roll 3 ; Thru Sd Cl to CP ;

PART C (JV) (8 meas)

Chasse L & R to SCP ; Rk Rec Swivel 2 ; 2 Triples ; Swivel Walk 4 ;
4 Point Steps ;; 2 Fwd Triples to Fc ; 2 Side Closes ;

PART B (STS) (8 meas)

Side Basic ; Open Basic Ending to Manuv ; Man Switch ; Lady Switch ;
Roll 3 ; Thru Sd Behind ; Roll 3 ; Thru Sd Cl to CP ;

PART C (JV) (1-4)

Chasse L & R to SCP ; Rk Rec Swivel 2 ; 2 Triples ; Swivel Walk 4 ;

PART D (JV) (4 meas)

Throwaway ; Change L to R to CP ~ In SCP Double Rk Bk ~
Walk & Pick Up ;;;

PART A (STS) (1-7)

Triple Traveler ;;; Basic Ending to Pick Up ; Triple Traveler ;;;

ENDING (1 meas)

Step Side Apt Point ;