



SIXTEEN TONS

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Record: Collectables COL 6300, Tennessee Ernie Ford, flip "A hundred pounds of clay"
Footwork: Opposite unless otherwise indicated (*lady 's footwork between brackets*)
Rhythm & RAL Phase: Jive V +2 unphased (Pass R to L, Even Count Stop & Go)
Sequence: Intro - ABC - BA - B - C Mod - B(1-4) - Ending Time 2:33 @ speed 44

INTRODUCTION

1 - 4 **WAIT; VINE 3 HOLD; SLOW HOOK; UNWIND TO CP;**
 BFLY WALL wt 4 notes; sd L, XRIB, sd L,-; -, hook RIF (W LIF),-,-; [on "some"] unwind LF full tm to CP WALL; [Part A starts on "people"]

PART A

1 - 5 **MOOCH TO R HNDSHK;:::**
 Trng to 1/2 OP LOD rk bk L, rec R, kck L, sip L; kck R, sip R, rk bk L, rec R; trng RF 1/2 fwd L/cl R, bk L to 1/2 LOP RLOD, rk bk R, rec L; kck R, sip R, kck L, sip L; rk bk R, rec L, trng LF 1/4 fwd R/cl L, fwd R to R HNDSHK WALL;
 6 - 8 **TRIPLE WHEEL COH ~ RK REC;::**
 Rk apt L, rec R, whl RF sd L/cl R, sd L trng twd ptr & tch W's bk w/ L hnd (*W whl RF sd R/cl L, sd R trng awy from ptr*); cont RF whl sd R/cl L, sd R trng awy from ptr (*W cont RF whl sd L cl R, sdL trng twd ptr & tch M's bk w/ L hnd*), cont RF wheel sd L/cl R, sd L trng twd ptr & tch W's bk w/ L hnd (*W cont RF whl trng awy from ptr sd R/cl L, sd R swvlg RF to fc ptr*); sd R/cl L, sd R (*W spn full RF trn L/ R,L*) to LOP-FCG COH, rk apt L, rec R;

PART B

1 - 4 **THROWAWAY; SHE GO HE GO ~ CHANGE L TO R;::**
 Sd L/cl R, sd L trng 1/4 LF (*W fwd R/cl L, fwd R trng 1/4 LF to fc M*), sd R/cl L, sd R (*W bk L/cl R, bk L*) to LOP-FCG RLOD; {**W go M go**} rk apt L, rec R, trng 1/4 RF fwd L/R, L (*W trng 1/4 LF undr jnd ld hnds fwd R/cl L, fwd R*); tmg LF 3/4 undr jnd ld hnds fwd R/L, R (*W trng LF 1/4 bk L/R, L*) to LOP-FCG LOD, {**Chg L to R**} rk apt L, rec R; sd L/cl R, sd L tmg 1/4 RF (*W trng 3/4 LF undr jnd ld hnd fwd R/cl L, bk R*), sd R/cl L, sd R to LOP-FCG WALL;
 5 - 8 **EVEN COUNT STOP & GO; LINK & WHIP TURN;::**
 Rk apt L, rec R, sd L startg RF trn, comp 1/4 RF trn cl R & place R hnd on W's L shldr blade (*W rk apt R, rec L, fwd R twd M's R sd startg RF trn, compg 1/4 RF trn sd L*); ck fwd L DW in press line, rec R, cl L, bk R (*W trng 1/4 RF rk bk R in sit line raisg L hnd straight up, rec L lowrg hnd, trng LF fwd & sd R, bk L compg LF trn*) to LOP-FCG WALL;
 [Option for meas 5-6: **STOP & GO** Rk apt L, rec R, fwd L/cl R, fwd L placg R hnd on W's L shldr blade (*W trng 1/2 LF undr jnd ld hnds fwd R/cl L, bk R to M's R sd*); ck fwd R, rec L (*W rk bk L to sit line raisg L hnd straight up, rec R lowrg hnd*), bk R/cl L, bk R (*W trng 1/2 RF undr jnd ld hnds fwd L/cl R, bk L*)]
 {**Link & whp trn**} rk apt L, rec R, trng 1/4 RF fwd L/cl R, fwd L to CP RLOD; contg RF trn XRIB, sd L (*W sd L, fwd R bet M's ft*), sd R/cl L, sd R to CP WALL;
 9 - 12 **VINE 8 SCP; KICK & DIG 2X;::**
 [Sm stps] Sd L, XRIB (*WXIB*), sd L, XRIF (*W XIF*); rpt meas 9 Part B to SCP LOD; {**kck cl tch cl**} kck L LOD, cl L, swvlg to CP tch R w/ bent knees, cl R; swvlg to SCP rpt meas 11 Part B;

PART C

1 - 3 **PASS R TO L TO R HNDSHK ~ MOD CHANGE L TO R TO TANDEM;::**
 Rk bk L to SCP, rec R, sd L/cl R, sd L tmg 1/4 LF (*W fwd R/cl L, fwd R spng 3/4 RF*), sd & fwd R/cl

L, sd R to R HNDSHK LOD, rk apt L, rec R; {**Mod chg L to R to TANDEM**} fwd L/cl R, fwd L (W fwd R/cl L, fwd R trng 1/2 LF undr jnd R hnds), sip R/L, R (W sd /cl R, sd L bhd M) jng L hnds to TANDEM LOD;

4 - 8 CATAPULT ~ CHANGE L TO R TO SCP ; RF TURNING FALLAWAY ~ RK REC::

Ck fwd L, rec R, bk L/cl R, bk L (W rk bk R, rec L, movg to M's L sd fwd R/cl L, fwd R startg trng RF); sip R/L, R (W comp 1 1/2 RF spin L/R, L [Option: trng to fc M sdL/cl R, sd L]), {**Chg L to R**} rk apt L, rec R; sd L/cl R, sd L trng 1/4 RF (W trng 3/4 LF undr jnd ld hnds fwd R/cl L, bk R), sd R/cl L, sd R to SCP LOD; {**RF trng falwy**} rk bk L, rec R, trng RF 1/4 sd L/cl R, sd L; trng RF 1/4 sd R/cl L, sd R, rk bk L, rec R;

PART C Mod

1 - 3 PASS R TO L TO R HNDSHK ~ MOD CHANGE L TO R TO TANDEM:::

Rpt meas 1-3 Part C;;;

4 - 6 CATAPULT CHANGE L TO R TO HNDSHK::

Rpt meas 4-6 Part C;;;

7 - 9 TRIPLE WHEEL COH RK REC::

Rpt meas 6-8 Part A;;;

ENDING

1 LINK

Rk apt L, rec R, fwd L/R, L to CP WALL;

[This last portion done to vocals - no true beat]

"go" **SLOW R LUNGE & HOLD**

Slowly lower into R lunge & hold

"I owe" **RISE TO A WRAP RLOD**

Slow rise & swvl 1/4 RF sd L (W slow rise & swvl 1/4 LF undr jnd ld hnds sm bk R,) to WRP RLOD

"my" **SLOW WHEEL 3 TO WRAP LOD**

Fwd R,L,R whlg to WRP LOD

"soul" **UNWRAP IN 4 TO WALL JOIN R HANDS**

Sip L, R, L, R trng 1/4 RF (W unwrp R, L, R, L,) & chg hnds to R HNDSHK WALL

silence **CONTRA CHECK**

Lower on R & ck fwd L w/ R sd ld

"company store" **QUICK RECOVER STEP STEP TO BFLY**

[Wt to hear "to the"] Rec R, sip L, sip R to BFLY WALL,-;

notes **VINE 3 HOOK; UNWIND**

Sd L, XR1B (WXIB,), sd L, hook RIF (W hook LIF,); relg R hnds unwind LF to fc & jn trL hnds;

Last 2 notes **APT PT**

Apt L, pt R twd ptr;



Tennessee Ernie Ford's half-century legacy is staggering. His unprecedented achievements earned him *threestars* in The Hollywood Walk of Fame--for Radio, Records and Television. On March 26th, 1984, President Ronald Reagan presented Ernie with *The Presidential Medal of Freedom*; the highest honor a sitting President can bestow upon a civilian on behalf of his country...

His popular TV program "The Ford Show" was not named after him, although many assumed so, but after his sponsor, the Ford Motor Company.

His biggest hit "Sixteen Tons" was credited as being the first Rock & Roll big hit and for kicking off the Rock and Roll era of the Fifties.