THE HEART OF EVERY GIRL

Choreographers:	Release date: March 2012
Annette & Frank Woodruff	**Rhythm & Phase:** Foxtrot/Jive V+1 (Traveling Hover X) (Difficulty: Average)
	Music: Elton John, CD Mona Lisa Smile, Track 6 or MP3 download from Amazon among others
Rue du Camp, 87 7034 Mons, Belgium Tel: 3265 73 19 40	**Time & Speed:** 3:40 @ unchanged speed
	Footwork: Opposite except where indicated (W's footwork in parentheses)
annetteandfrank@gmail.com	**Sequence: Intro – AB – Inter – AB – Bridge – C – B(1-8*) - D**

Note: "Comm" (Commence) is used to indicate an upper body turn, not a foot turn

INTRODUCTION

1 - 4	Wait ~	CP LOD wt 1 ½ meas (The first beat is silent so count 2, 3, 4; 1, 2,);,,
	Dip Back & Recover ~	Bk L w/ soft knee, -; rec R, -,
	Hitch 4 ~	Fwd L, cl R; bk L, cl R ,
	Dip Back & Recover ~ Run 2 ;;;; SSQQ	Bk L w/ soft knee, -; rec R, -, fwd L, fwd R ;

PART A

1 – 3	**Reverse Wave 3 Check & Weave ; ; ;**	Fwd L comm LF trn, -, sd R twd LOD trng LF *(W heel trn)*, bk L twd DLW ; check bk R, -, rec L, sd R trng 1/8 LF; bk L w/ R shldr ld to BJO trng 1/8 LF, bk R to CP contg to trn LF, sd & fwd L contg trn, fwd R to BJO DLW ;
4	**Three Step ;**	Fwd L w/heel ld, -, fwd R heel to toe, fwd L on toe to CP DLW ;
5	**Natural Turn ½ ;**	Fwd R heel to toe btw W's ft commg RF trn, -, sd L contg trn to CP *(W heel trn)*, bk R to CP RLOD ;
6	**Closed Impetus ;**	Bk L comm RF trn, -, cont trng RF on heel of L ft & cl R, sd & bk L *(W fwd R btw M's ft comm RF trn, -, bk L cont trn & brush R, fwd R btw M's ft)* to CP DLW ;
7	**Feather Finish ; …**	Bk R, -, sd L trng ¼ LF, XRif to BJO DLC/spin 1/8 LF on ball of R ft ;
8	**… to a Top Spin ;**	Bk L twd DLW, trng LF bk R, contg trn sd L twd DRW, XRif to BJO DRW checking;
9	**Outside Change to SCP ;**	Bk L twd DLC comm LF trn, -, bk R trng LF, sd & fwd L *(W fwd R, -, fwd L, sd & fwd R openg hd)* to SCP DLW ;
10-11	**Traveling Hover Cross ;;**	Fwd R comm RF trn, - sd L twd DLW trng strongly RF w/ R sway *(W fwd R btw M's ft)*, sd & fwd R twd DLW to SCAR DLC ; blendg to L sway & trng RF XLif, contg RF trn fwd & sd R to CP, fwd L, fwd R w/ L shldr ld to BJO DLW ;
12	**Hover Telemark to SCP LOD ;**	Fwd L twd DLW, - sd & fwd R risg slightly & trng bdy 1/8 RF *(W brush R at end of this step)*, sm fwd L to SCP LOD ;
13	**Chair & Slip ;**	Check thru R w/ sitting action, -, rec L, slip R behind L trng LF *(W swvlg LF on R ft fwd L outsd M's R ft)* to CP DLC ;
14	**Cross Swivel ;**	Fwd L comm LF trn, - swvlg LF on L ft pt sd R twd LOD, trng LF check thru R to BJO RLOD ;
15-16	**Back Lilt & Weave Ending ; ;**	Bk L, cl R risg to toe but keepg knees bent, lwrg bk L, cl R risg to toe but keepg knees bent ; bk L DLC, bk R trng LF & ldg W to CP, sd & slightly fwd L DLW, fwd R to BJO DLW ;

PART B

1	**Hover ;**	Fwd L, -, fwd & slightly sd R risg to ball of ft *(W brush R at end of step)*, sd & slightly fwd L to SCP DLC ;
2	**Thru Vine 4 ;**	Travlg twd DLC thru R, sd L, XRib *(W XRib)*, sd L, ;
3	**Thru Hover to BJO ;**	Thru R twd DLC, - fwd L w/slight rise *(W sd R swvlg ½ LF & brush L)*, rec R to BJO DLC ;
4	**Back Twisty Vine 4 ;**	Travlg DRW bk L, sd R to CP, XLif, sd R to BJO DLC ;
5	**Back Hover to SCP ;**	Bk L, -, sd & bk R w/slight rise *(W sd L swvlg ½ RF & brush R)*, rec L to SCP DLC ;
6 - 7	**Promenade Weave ; ;**	Fwd R, -, fwd L begin LF trn, sd & slightly bk R *(W fwd L comm LF trn, -, trng LF sd & fwd R in frt of M, sd & bk L)* to BJO DRC ; bk L twd DLC, bk R trng LF & ldg W to CP, sd & slightly fwd L twd DLW, fwd R to BJO DLW ;
8	(1st & 2nd Time) **Change of Direction ;**	Fwd L DLW, - fwd R w/ R shldr ld trng ¼ LF, draw L to CP DLC ;
8*	(3rd Time) **Walk & Face ;**	Fwd L, -, fwd R trng RF to CP WALL, - ;
9-10	**Reverse Turn ; ;**	Fwd L comm LF trn, -, sd R trng LF *(W heel trn)*, bk L twd LOD to CP RLOD ; bk R contg LF trn, -, sd & fwd L twd DLW, fwd R to BJO DLW;
11	**Quick Diamond 4 ;**	Fwd L comm LF trn, trng ¼ LF sd R, bk L, bk R to CP DLC ;
12	**Dip Back & Recover ;**	Bk L w/ soft knee, -, rec R, - ;
13	**Drag Hesitation ;**	Fwd L twd DLC comm LF trn, - trng 1/8 LF sd R *(W swvlg ¼ LF sd L)* to BJO DRC, draw L ;
14	**Impetus to SCP LOD ;**	Bk L comm RF trn, -, cl R heel trn, fwd L *(W fwd R btw M's ft heel to toe pvt ½ RF, -, sd & fwd L cont trn arnd M brush R to L, fwd R)* to SCP LOD;
15-16	**In & Out Runs ; ;**	Fwd R startg RF trn, - sd & bk L to CP LOD, bk R *(W fwd L, - fwd R btw M's ft, fwd L)* to BJO LOD ; bk L trng RF, - sd & fwd R btw W's ft contg RF trn, fwd L *(W fwd R startg RF trn, -, fwd & sd L contg RF trn, fwd R)* to SCP DLC ;

INTERLUDE

1 - 6	**Pick Up to Side Stairs ~**	Sm fwd R *(W trng LF fwd L to fold in frt of M)*, -, sd L, cl R; fwd L, cl R , SQQQQ
	Hitch 4 ~	Fwd L, cl R ; bk L, cl R,
	Dip Back & Recover ~	Bk L w/ soft knee, - ; rec R, -,
	Hitch 4 ~	Fwd L, cl R ; bk L, cl R ,
	Dip Bk Rec & Run 2 ;;;;;;	Bk L w/ soft knee, - ; rec R, -, fwd L, fwd R ; SSQQ

Repeat Parts A & B

BRIDGE

1	**Thru Face Close ;**	Thru R, -, sd L to fc, cl R to CP WALL;
2	**Vine 4 ;**	Sd L, XRib *(W XLib)*, sd L, XRif *(W XLif)* to SCP LOD;

PART C

1	**Chasse L & R ;**	Blendg to CP sd L/cl R, sd L, sd R/cl L, sd R ;
2 - 6	**Pretzel Turn with Double Rock Forward ~**	Rk bk L to SCP LOD, rec R trng twd ptr & keepg ld hnds jnd low [thruout figure], sd L/cl R, sd L trng ½ RF to BK-TO-BK ; sd R R/cl L, sd R trng 1/8 RF to V-BK-TO-BK pos w/ hnds now jnd behind bk, rk fwd L xtndg trl hnds fwd, rec R ; w/ trl hnds still xtnd fwd rk fwd L, rec R, startg LF unwrap, sd L/cl R, sd L unwrapg ½ LF to fc ptr ; sd R/cl L, sd R to SCP LOD, ~
	Fallaway Throwaway ;;;;;	Rk bk L, rec R ; sd L/cl R, sd L, sd R/cl L, sd R *(W trng LF to fold in frt of M fwd R/cl L, fwd & sd R, bk & sd L/cl R, bk & sd L)* to LOP-FCG LOD ;
7 – 8	**Curving Chicken Walks ; ;**	Bk L, -, bk R, - (W swvl RF on L ft fwd R, -, swvlg LF on R ft fwd L, -) ; curvg slightly RF bk L, R, L, R ckg *(W contg swvlg action fwd R, L, R, L ckg)* to LOP-FCG DLW ; [blend to CP on the 2nd step of the following Hover]

Repeat Part B (1-8*)

PART D

1	**Chasse L & R ;**	Sd L/cl R, sd L, sd R/cl L, sd R ;
2 - 4	**Change of Places R to L & L to R ; ; ;**	Rk bk L to SCP LOD, rec R, sd L/cl R, sd L trn 1/8 LF ; sd & fwd R/cl L, sd R *(W rk bk R to SCP, rec L, sd R/cl L, fwd R trn 3/4 RF undr ld hnds, sd & slightly bk L/cl R, sd & slightly bk L)* to LOP-FCG LOD, rk apt L, rec R ; sd L/cl R, sd L trng ¼ RF *(W ¾ LF under jnd ld hnds)* to LOP-FCG WALL, sd R/cl L, sd R ;
5 – 6	**Link to Whip Throwaway to R HNDSHK ; ;**	Rk apt L, rec R, trng RF sm fwd L/cl R, fwd & sd L moving in frt of W *(W rk bk R, rec L, sm fwd R/cl L, fwd R)* to CP DRW; trng strongly RF XRib, sd L cont RF trn release hold with R hnd, sd R/cl L, sd R *(W bk L/cl R, bk L)* completing 7/8 RF trn to LOP-FCG WALL & immediately chg handhold to R HNDSHK ;
7-10	**Triple Wheel to fc LOD ~**	Rk apt L, rec R startg RF wheel, sd L/cl R, sd L trng in to tch W's bk w/ L hnd *(W rk apt R, rec L startg RF wheel, sd R/cl L, sd R trng away from M)* ; contg RF wheel sd R/cl L, sd R trng away from W *(W contg RF wheel sd L/cl R, sd L trng in to tch M's bk w/ L hnd)*, contg RF wheel sd L/cl R, sd L trng in to tch W's bk w/ L hnd *(W contf RF wheel sd R/cl L, sd R & spin RF on R to fc M)* ; sd R/cl L, sd R to LOP-FCG LOD, ~
	Change L to R to R HNDSHK ; ; ; ;	Rk apt L, rec R ; sd L/cl R, sd L trng ¼ RF *(W ¾ LF under jnd ld hnds)* to LOP-FCG WALL, sd R/cl L, sd R chg handhold to R HNDSHK ;
11-14	**Triple Wheel to fc LOD ~ Change L to R to LOP-FCG ; ; ; ;**	Repeat meas 7-10 Part D ; ; ; ;
15-18	**Stop & Go once & a half & Lunge/Sit ; ; ; ;**	Rk apt L, rec R, fwd L/cl R, fwd L catching W's L shldrblade w/ R hnd *(W rk apt R, rec L, fwd R startg ½ LF trn under jnd ld hnds/cl L, bk R compg ½ LF trn to end at M's R sd)* ; rk fwd R lookg at W, rec L, sm bk R/cl L, bk R *(W rk bk L raisg L arm straight up, rec R, fwd L startg ½ RF trn/cl R, bk L comp ½ RF trn)* to LOP-FCG WALL ; rk apt L, rec R, fwd L/cl R, fwd L catching W's L shldrblade w/ R hnd *(W rk apt R, rec L, fwd R startg ½ LF trn under jnd ld hnds/cl L, bk R compg ½ LF trn to end at M's R sd)* ; lunge fwd R lookg at W *(W sit bk L raisg L arm straight up)* & freeze ;

Sir Elton Hercules John (born Reginald Kenneth Dwight on 25 March 1947) is an English rock singer-songwriter, composer, pianist and occasional actor. He has worked with lyricist Bernie Taupin as his songwriter partner since 1967; they have collaborated on more than 30 albums to date. In his four-decade career John has sold more than 250 million records, making him one of the most successful artists of all time. He has won a great number of awards and was inducted into the Rock and Roll Hall of Fame in 1994. Having been named a Commander of the Order of the British Empire in 1996, John received a knighthood from HM Queen Elizabeth II for "services to music and charitable services" in 1998. He has been heavily involved in the fight against AIDS since the late 1980s. In 1992 he established the Elton John AIDS Foundation and a year later began hosting the annual Academy Award Party, which has since become one of the most high-profile Oscar parties in the Hollywood film industry. Since its inception, the foundation has raised over $200 million.

THE HEART OF EVERY GIRL – WOODRUFF - FT/JV V+1 - ELTON JOHN

INTRO (4 MEAS)

CP LOD Wait ~ Dip Bk Rec ~ Hitch 4 ~ Dip Bk Rec ~ Run 2;;;;

PART A (16 MEAS)

Rev Wave 3 Check & Weave ;;; Three Step ;
Natural Turn ½ ; Closed Impetus ; Feather Finish to an easy Top Spin checking ;;
Outside Change to SCP; Traveling Hover Cross ;; Hover Telemark ;
Chair & Slip ; Cross Swivel ; Bk Lilt & Weave Ending ;;

PART B (16 MEAS)

Hover ; Thru Vine 4 ; Thru Hover to BJO ; Back Vine 4 ;
Back Hover to SCP ; Promenade Weave ;; Chg of Direction ;
Reverse Turn ;; Quick Diamond 4 ; Dip Bk & Rec ;
Drag Hesitation ; Impetus to SCP LOD; In & Out Runs ;;

INTERLUDE (6 MEAS)

Pick Up to Side Stairs ~ Hitch 4 ~ Dip Bk & Rec ~
Hitch 4 ~ Dip Bk & Rec ~ Run 2 ;;;;;;

PART A (16 MEAS)

Rev Wave 3 Check & Weave ;;; Three Step ;
Natural Turn ½ ; Closed Impetus ; Feather Finish to an easy Top Spin checking;
Outside Change to SCP ; Traveling Hover Cross ;; Hover Telemark ;
Chair & Slip ; Cross Swivel ; Bk Lilt & Weave Ending ;;

PART B (16 MEAS)

Hover ; Thru Vine 4 ; Thru Hover to BJO ; Back Vine 4 ;
Back Hover to SCP ; Promenade Weave ;; Chg of Direction ;
Reverse Turn ;; Quick Diamond 4 ; Dip Bk & Rec ;
Drag Hesitation ; Impetus to SCP LOD; In & Out Runs ;;

BRIDGE (2 MEAS)

Thru Face Close ; Vine 4 ;

PART C (8 MEAS)

Chasse L & R ; Pretzel Turn w/ Dble Rk Fwd ~ Fallaway Throwaway ;;;;;
Chicken Walks Curving to fc DLW;;

PART B (1-8*)

Hover ; [To DLC] Thru Vine 4 ; Thru Hover to BJO ; [To DRW] Back Vine 4 ;
Back Hover to SCP [DLC] ; Promenade Weave ;; Walk & Fc ;

PART D (18 MEAS)

Chasse L & R ; Change of Places ;;;
Link to Whip Throwawy to R HNDSHK ;; Triple Wheel to fc LOD ~
Change L to R to R HNDSHK ;;;;
Triple Wheel to fc LOD ~ Change L to R ;;;;
Stop & Go once and a half & Rock ;;;;