THERE'S A RAT IN MY KITCHEN

Choreographers:	Release date: September 2018
Annette & Frank Woodruff	**Rhythm & Phase: Cha Cha III+2 (Aida, Switch Cross)**
	Music: Natalia Vaz, album "Anything I Want To Be" or for mp3 download see links* on page 3.
Teaching Tip : Timing ! (regular cha cha figures mixed with 4-count execution of same figures)	**Time & Speed:** 2:32 @ variable speed (see FUN note** on page 3).
	Footwork: Opposite except where indicated (W's footwork in parentheses)
annetteandfrank@gmail.com	**Sequence: Intro – A - B – A – B (1-6) - Ending**

INTRODUCTION

1	**Wait ;**	CP WALL lead foot free wait 1 meas ;
2	**½ Basic ;**	[Start just after the drum roll] Fwd L, rec R, sd L/cl R, sd L ;
3	**Aida ;**	["Whoa Whoa Whoa"] Thru R, sd L trng RF, bk R/lk Lif (W lk Rif), bk R to V-BK-TO-BK DRC (W DRW) ;
4	**Switch Cross ;**	Trng LF to fc ptr bk & sd L, rec R to BFLY, XLif (W XRif)/sd R, XLif (W XRif) ;
5	**Cucaracha R ;**	["Oh yay"] Sd R w/ partial wgt, rec L, in plc R/L, R ;

PART A

1	**Vine 2 Face to Face ;**	Sd L, XRib (W XLib), sd L/cl R, trng 3/8 LF sd & fwd L to almost BK-TO-BK ;
2	**Vine 2 Back to Back ;**	Sd R, XLib (W XRib), sd R/cl L, trng 3/8 RF sd & fwd R to BFLY ;
3	**Traveling Door ;**	Sd L, rec R, XLif/sd R, XLif;
4	**Traveling Door in 4 ;**	Sd R, rec L, XRif, sd L ;
5	**New Yorker ;**	XRif (W XLif) w/ straight leg trng to OP LOD, rec L to BFLY, sd R/cl L, sd R ;
6	**New Yorker in 4 ;**	XLif (W XRif) w/ straight leg trng to LOP RLOD, rec R to BFLY, sd L, rec R ;
7	**To RLOD Spot Turn ;**	Swvl ¼ RF on R ft fwd L relg hnds & trng RF ½, rec R trng ¼ RF to fc ptr, in BFLY sd L/cl R, sd L ;
8	**To LOD Spot Turn;**	Swvl ¼ LF on L ft fwd R relg hnds & trng LF ½, rec L trng ¼ LF to fc ptr, in BFLY sd R/cl L, sd R ;
9	**Vine 2 Face to Face ;**	Repeat meas 1-4 Part A ;;;;
10	**Vine 2 Back to Back ;**	
11	**Traveling Door ;**	
12	**Traveling Door in 4 ;**	
13	**Crab Walk in 4**	XRif (W XLif), sd L, XRif (W XLif), sd L ;
14	**Aida ;**	Repeat meas 3-5 Intro ;;;
15	**Switch Cross ;**	
16	**Cucaracha R ;**	

PART B

1	**½ Basic ;**	In BFLY fwd L, rec R, sd L/cl R, sd L ;
2	**Underarm Turn ;**	Raisg jnd ld hnds & trng bdy slightly RF bk R, rec L squaring bdy to fc ptr, sd R/cl L, sd R (W swvlg ¼ RF on ball of R ft fwd L trng ½ RF, rec R trng ¼ RF to fc ptr sd L/cl R, sd L) ;
3	**Hand to Hand ;**	Swvlg sharply on ball of R ft XLib (W XRib) trng to OP LOD, rec R to BFLY WALL, sd L/cl R, sd L ;
4	**Hand to Hand in 4 ;**	Swvlg sharply on ball of L ft XRib (W XLib) trng to LOP RLOD, rec L to BFLY WALL, sd R, rec L ;
5	**Fence Line ;**	In BFLY thruout XRif (W XLif) w/ bent knee, rec L, sd R/cl L, sd R ;
6	**Fence Line in 4 ;**	In BFLY thruout XLif (W XRif) w/ bent knee, rec R, sd L, rec R ;
7 - 8	**Shoulder to Shoulder 2x ;;**	Fwd L to BFLY SCAR, rec R to fc, sd L/cl R, sd L ; fwd R to BFLY BJO, rec L to fc, sd R/cl L, sd R ;

9	½ Basic ;	Repeat meas 1-4 Part B ;;;;
10	Underarm Turn ;	
11	Hand to Hand ;	
12	Hand to Hand in 4 ;	
13	Crab Walk 4	XRif *(W XLif)*, sd L, XRif *(W XLif)*, sd L ;
14	Aida ;	Repeat meas 3-5 Intro ;;;
15	Switch Cross ;	
16	Cucaracha R ;	

ENDING

1	Fence Line ;	XLif *(W XRif)* w/ bent knee, rec R, sd L/cl R, sd L;
2	Fence Line in 3 & Point Side ;	XRif *(W XLif)* w/ bent knee, rec L, sd R, point L to sd twd LOD and of course look at ptr and smile ;

*Links:
Amazon: https://www.amazon.com/Theres-Rat-My-Kitchen/dp/B071FMVK1R/ref=sr_1_1?s=dmusic&ie=UTF8&qid=1537356027&sr=1-1&keywords=there%27s+a+rat+in+my+kitchen+-+natalia+vaz
YouTube: https://www.youtube.com/watch?v=Ve2sf2tohQ4&index=2&list=PL1R34HLXQ8ul-0xK2IVUQlCiFr2rMOlOt&t=0s

**Fun Tweak: The primary vocation of this dance is as a drill on the association of 4-count figures with regular cha cha figures. If however, you should happen to cue this dance (in your club, of course) to dancers who are proficient in cha cha (phase IV and above) here is a little tweak that you might use for fun. As the piece of music is very repetitive and not terribly serious in nature, it offers a good opportunity to entertain the crowd by playing with the speed, increasing it every time that the theme recurs. I suggest adding 5 % to the speed after each part resulting in playing Part A at 100 %, then Part B at 105%, then Part A at 110% and Part B + Ending at 115%. Needless to say, the cuer would give absolutely no warning of such speed changes. If you'd like to give it a try, you may ask me for the tweaked mp3.

There's a Rat in My Kitchen – Woodruff – CH III+2 – 2:32 – Natalia Vaz

INTRO (5 meas)

CP WALL, wait 1 ; ½ Basic ; Aida ; Switch Cross ; Cucaracha R ;

PART A (16 meas)

Vine 2 Fc to Fc ; Vine 2 Bk to Bk ; Traveling Door ; Traveling Door in 4 ;
New Yorker ; New Yorker in 4 ; Spot Turn to RLOD & to LOD ;;
Vine 2 Fc to Fc ; Vine 2 Bk to Bk ; Traveling Door ; Traveling Door in 4 ;
Crab Walk 4 ; Aida ; Switch Cross ; Cucaracha R ;

PART B (16 meas)

½ Basic ; Underarm Turn ; Hand to Hand ; Hand to Hand in 4 ;
Fence Line ; Fence Line in 4 ; Shoulder to Shoulder 2x ;;
½ Basic ; Underarm Turn ; Hand to Hand ; Hand to Hand in 4 ;
Crab Walk 4 ; Aida ; Switch Cross ; Cucaracha R ;

PART A (16 meas)

Vine 2 Fc to Fc ; Vine 2 Bk to Bk ; Traveling Door ; Traveling Door in 4 ;
New Yorker ; New Yorker in 4 ; Spot Turn to RLOD & to LOD ;;
Vine 2 Fc to Fc ; Vine 2 Bk to Bk ; Traveling Door ; Traveling Door in 4 ;
Crab Walk 4 ; Aida ; Switch Cross ; Cucaracha R ;

PART B (1-6)

½ Basic ; Underarm Turn ; Hand to Hand ; Hand to Hand in 4 ;
Fence Line ; Fence Line in 4 ;

ENDING (2 meas)

Fence Line ; Fence Line in 3 & Point ;