



# THISTLE HAIR

Choreographers :	<b>Release Date:</b> December 2014
<b>Annette &amp; Frank Woodruff</b> Rue du Camp, 87 7034 Mons, Belgium	<b>Rhythm &amp; Phase:</b> <b>Two Step III</b> <b>Difficulty:</b> Easy
	<b>Music:</b> Thistle Hair the Christmas Bear by Alabama. MP3 available from iTunes .
	<b>Time &amp; Speed:</b> Download length 4:04. Cut abruptly at 03:16 after the children shout "Loves Thistle Hair!". Then increase the speed by 10%.
32-65-731940	<b>Footwork:</b> Opposite except where indicated ( <i>W's footwork in parentheses</i> )
annetteandfrank@gmail.com	<b>Sequence:</b> <b>Intro – AB – Int – AB – Int – AB - Ending</b>

## INTRODUCTION

<b>1 - 2</b>	<b>Wait ;;</b>	Facing WALL & ptr 6 ft apt wt 2 meas [4 slow beats] ;;
<b>3 - 4</b>	<b>Cross Walk 4 to BFLY ;;</b>	Slow wlk tog placing each foot in front of the other L, -, R, -; L, -, R to BFLY WALL, - ;
<b>5 - 8</b>	<b>Slow Cha Sand Step Both Ways ;;;</b>	Swwlg slightly RF on R ft rotate L knee inward & tch L toe to instep of R ft, -, swwlg slightly LF on R ft rotate L knee outward to tch L heel to floor, - ; XLif ( <i>W XRif</i> ), sd R, XLif ( <i>W XRif</i> ), - ; swwlg slightly LF on L ft rotate R knee inward & tch R toe to instep of L ft, - ; swwlg slightly RF on L rotate L knee outward to tch R heel to floor, - ; XRif ( <i>W XLif</i> )/sd L, XRif ( <i>W XLif</i> ), - ;
<b>9 - 10</b>	<b>Vine 2 Face to Face ;;</b>	Sd L, -, XRib ( <i>W XLib</i> ), - ; sd L, cl R, trng 3/8 LF, sd & fwd L to almost BK-TO-BK, - ;
<b>11 - 12</b>	<b>Vine 2 Back to Back ;;</b>	Sd R, -, XLib ( <i>XRib</i> ), - ; sd R, cl L, trng 3/8 RF sd & fwd R to BFLY, - ;

## PART A

<b>1</b>	<b>Face to Face ;</b>	Sd L, cl R, trng LF 3/8 sd & fwd L to V-BK-TO-BK, - ;
<b>2</b>	<b>Back to Back to OP ;</b>	Sd R, cl L, trng slightly RF sd& fwd R to OP LOD, - ;
<b>3 - 4</b>	<b>Basket Ball Turn ;;</b>	Fwd L w/ lun action trng ¼ RF, -, rec R trng ¼ RF to L-SD-BY-SD RLOD, - ; fwd L w/ lun action trng ¼ RF, -, rec R trng ¼ RF to SD-BY-SD LOD, - ;
<b>5</b>	<b>Lace Across to LOP ;</b>	Jng ld hnds high & travg twd DLW bhd & arnd W fwd L, cl R, fwd L ( <i>W twd DLC undr jnd ld hnds fwd R, cl L, fwd R</i> ) to LOP LOD, - ;
<b>6</b>	<b>Forward-2-Step ;</b>	Fwd R, cl L, fwd R, - ;
<b>7 - 8</b>	<b>Lace Back in 4 to CP WALL ;;</b>	Relg ld hnds & raisg jnd trl hnds high trav twd DLC bhd & arnd W fwd L, -, fwd R ( <i>W twd DLW undr jnd trl hnds fwd R,-, fwd L</i> ) to OP LOD, - ; fwd L, -, trng RF fwd R to CP WALL, - ;
<b>9</b>	<b>Back Hitch 3 ;</b>	Bk L, cl R, fwd L, - ;
<b>10</b>	<b>Scissors Thru ;</b>	Sd R, cl L, XRif ( <i>W XLif</i> ) to SCP LOD, - ;
<b>11 - 12</b>	<b>Open Vine 4 ;;</b>	Trng to fc ptr sd L, -, XRib ( <i>W XLib</i> ) to mom LOP RLOD, - ; sd L to fc ptr, -, XRif ( <i>W XLif</i> ) w/ slight maneuvering action, - ;
<b>13 - 14</b>	<b>2 Turning 2-Steps ;;</b>	Sd L contg RF trn, cl R, bk L compg ½ RF trn, - ; sd R contg RF trn, cl L, fwd R contg RF trn to SCP LOD, - ;
<b>15 - 16</b>	<b>Twirl Vine 2 &amp; Walk 2 to SCP ;;</b>	Raising jnd ld hnds fwd & sd L, -, XRib ( <i>W twrl full RF trn under hnds R, -, L</i> ) to SCP LOD, - ; fwd L, -, fwd R, - ;
<b>17</b>	<b>Run 2 Walk &amp; Face ;</b>	[6 beats in this measure!] Qk fwd L, R, slo fwd L, -, trng RF to fc ptr fwd R to CP WALL, - ;

**PART B**

1 - 2	<b>Box ;;</b>	Sd L, cl R, fwd L, - ; sd R, cl L, bk R, - ;
3 - 4	<b>Slow Twisty Vine 4 checking ;;</b>	Sd L, -, XRib - ; sd L, -, XRif ckg to BJO LOD, - ;
5	<b>Fishtail ;</b>	XLib, sd R trng RF, fwd L w/ L shldr ldg, lk Rib to BJO DLW ;
6	<b>Walk &amp; Face ;</b>	Fwd L, -, fwd R trng RF to fc ptr, - ;
7 - 10	<b>Strolling Vine ;;;</b>	Sd L, -, XRib ( <i>W XLif trng LF stg pu action</i> ), - ; trng LF sd L, cl R, trng LF fwd L to CP COH, - ; sd R, -, XLib ( <i>W XRif trng RF stg R pu action</i> ), - ; trng RF sd R, cl L, trng RF fwd R to CP WALL, - ;
11 - 12	<b>2 Turning 2-Steps to BFLY ;;</b>	Sd L contg RF trn, cl R, bk L compg ½ RF trn, - ; sd R contg RF trn, cl L, fwd R contg RF trn to BFLY WALL, - ;

**INTERLUDE**

1 - 4	<b>Slow Cha Sandstep Both Ways ;;;;</b>	Repeat meas 5-12 Intro ;;;;
5 - 6	<b>Vine 2 Face to Face ;;</b>	
7 - 8	<b>Vine 2 Back to Back ;;</b>	

**ENDING**

1	<b>Chug Apart ;</b>	With weight on both feet bend knees and straighten quickly causing feet to slide back ;
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**Alabama** is a band formed in Fort Payne, Alabama in 1969. Their big success came in the 1980s, when they had over 27 number one hits, seven multi-platinum albums and received numerous awards. The band's blend of traditional country music and southern rock combined with elements of gospel music and pop music gave it a crossover appeal that helped lead to their success. The group's popularity waned slightly in the 1990s, although they continued to receive hit singles and multi-platinum record sales. The group disbanded in 2006 following a farewell tour and two albums of inspirational music, but reunited in 2011 and have continued to record and tour worldwide. They have sold over 75 million albums and singles, making them one of the world's best-selling bands of all time.



## THISTLE HAIR – WOODRUFF – TS III – ALABAMA – 03:16

### **INTRO** (12 meas)

Facing WALL & ptr 6 ft apart wait 2 ;; Strut Together in 4 to BFLY ;;  
Slow Cha Sand Step both ways ;;;  
Vine 2 Face to Face ;; Vine 2 Bk to Bk ;;

### **PART A** (17 meas)

Face to Face & Bk to Bk to OP ;; Basket Ball Turn ;;  
Lace Across to LOP ; Fwd-2-Step ; Lace Bk in 4 to CP WALL ;;  
½ Box ; Scissors Thru ; Open Vine 4 ;;  
2 Turning 2s ;; Twirl 2 & Walk 2 to SCP ; Run 2 Walk & Face ;

### **PART B** (12meas)

Box ;; Slow Twisty Vine 4 Checking ;; Fishtail ;  
Walk & Face ; Strolling Vine ;;;; 2 Turning 2s to BFLY ;;

### **INTERLUDE** (8 meas)

Slow Cha Sand Step both ways ;;;  
Vine 2 Face to Face ;; Vine 2 Bk to Bk ;;

### **PART A** (17 meas)

Face to Face & Bk to Bk to OP ;; Basket Ball Turn ;;  
Lace Across to LOP ; Fwd-2-Step ; Lace Bk in 4 to CP WALL ;;  
½ Box ; Scissors Thru ; Open Vine 4 ;;  
2 Turning 2s ;; Twirl 2 & Walk 2 to SCP ; Run 2 Walk & Face ;

### **PART B** (12meas)

Box ;; Slow Twisty Vine 4 Checking ;; Fishtail ;  
Walk & Face ; Strolling Vine ;;;; 2 Turning 2s to BFLY ;;

### **INTERLUDE** (8 meas)

Slow Cha Sand Step both ways ;;;  
Vine 2 Face to Face ;; Vine 2 Bk to Bk ;;

### **PART A** (17 meas)

Face to Face & Bk to Bk to OP ;; Basket Ball Turn ;;  
Lace Across to LOP ; Fwd-2-Step ; Lace Bk in 4 to CP WALL ;;  
½ Box ; Scissors Thru ; Open Vine 4 ;;  
2 Turning 2s ;; Twirl 2 & Walk 2 to SCP ; Run 2 Walk & Face ;

### **PART B** (12meas)

Box ;; Slow Twisty Vine 4 Checking ;; Fishtail ;  
Walk & Face ; Strolling Vine ;;;; 2 Turning 2s to BFLY ;;

### **ENDING** (1 meas)

Chug Apart ;