



# YOU'RE MY BEST FRIEND

Page 1 of 3  
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<b>RECORD</b>	:	MCA P-2765, Don Williams or mp3 file from Amazon or others
<b>FOOTWORK</b>	:	Opposite except where indicated (Lady's instructions between brackets)
<b>RHYTHM</b>	:	<b>Foxtrot IV + 2</b> [20 Ph IV figures + Curved Feather, Hinge]
<b>SEQUENCE</b>	:	<b>Intro-A-B-Bridge-A-B-B-Ending</b> Time 2:43 @ speed 45

## MEAS

### INTRODUCTION

1 - 4 **CP DW WAIT;; FWD HOVER; BK HOVER;**  
 CP DW wt 2 meas;; [FWD HVR] fwd L,-, fwd R rising, rec L:[BK HVR] bk R,-, bk L rising in bdy, rec R;

### PART A

1 - 4 **HOVER; FEATHER; OPEN REVERSE TURN; FEATHER FINISH;**  
 [HVR] Fwd L,-, sd & fwd R rising (sd & bk L & brush R to L), rec L to SCP DC; [FTHR] thru R,-, fwd & sd L to CP, XRIF to BJO DC (thru L trng LF,-, sd & bk R to CP, XLIB to BJO); [OP REV TRN] fwd L trng LF,- cont trn sd R, bk L to CBJO DRW; [FTHR FIN] bk R trng LF,-, sd & fwd L to CP, XRIF to CBJO DW;

5 - 8 **THREE-STEP; NATURAL TURN 1/2; CLOSED IMPETUS; FEATHER FINISH;**  
 [THREE-STEP] Fwd L DW w/ heel ld,-, fwd R DW w/ heel ld rising to toe, fwd L on toe; [NAT TRN] manuv R,-, cont RF trn sd L DW, cont RF trn bk R to CP DRC (bk L startg RF trn, heel trn on L, cl R & cont trn, fwd L); [CL IMP] bk L trng RF, heel trn on L, cl R cont trn, bk L to CP DW (fwd R bet M's ft startg RF trn, fwd & sd L arnd M cont trn & brush R to L, fwd R bet M's ft to CP) ; [FTHR FIN] rpt meas 4 Part A to CBJO DC;

9 -12 **TELEMARK SCP; CURVED FEATHER; OUTSIDE CHANGE SCP; CHAIR & SLIP;**  
 [TELE SCP] Fwd L startg LF trn,-, sd R arnd W cont trn, sd & fwd L to SCP DW (bk R, heel trn on R, cl L & cont trn, sd & fwd R to SCP); [CRVD FTHR] fwd R startg RF crv,-, sd & fwd L crvg sharply, XRIF to CBJO DRW (fwd L,-, sd & bk R, XLIB); [OUTSD CHG] bk L,-, bk R trng LF, sd & fwd L to SCP LOD (fwd R,-, fwd L, sd & fwd R to SCP); [CHAIR & SLP] thru R w/ bent knee,-, rec L, trng LF bk R to CP DC (thru L w/ bent knee,-, rec R swvlg 1/2 LF, fwd L);

13-16 **REVERSE TURN 1/2; HOVER CORTE; BK WHISK; WING;**  
 [REV TRN] Fwd L startg LF trn,-, sd R arnd W cont trn, bk L to CP RLOD (bk R, heel trn on R, cl L & cont trn, fwd R bet M's ft);[HVR CORTE] bk R startg LF trn,-, cont trn sd & bk L w/ hvrg action, rec R to BJO LOD (fwd L startg LF trn,-, cont trn sd R & brush L to R, rec L to BJO); [BK WHISK] bk L,-, bk & sd R DRW, XLIB to SCP DC; [WING] thru R,-, draw L to R to CSCAR DC,- (trng LF fwd L in frnt of M,-, fwd R arnd M, fwd L to CSCAR trng bdy LF);

### PART B

1 - 4 **REVERSE WAVE;; BK FEATHER; BK THREE-STEP;**  
 [REV WAVE] Fwd L startg LF trn,-, sd R LOD, bk L DW (bk R, heel trn on R, cl L & cont trn, fwd R bet M' ft); bk R DW, bk L crvg LF, bk R to CP RLOD (fwd L w/ heel ld,-, fwd R w/ heel ld rising to toe, fwd L on toe); [BK FTHR] bk L, bk R w/ R shldr ld, bk L to CBJO RLOD (fwd R bet M's ft,-, fwd & sd L trng head to R, XRIF outsd M); [BK THREE-STEP] bk R,-, bk L, bk R (trng head bk to L fwd L w/ heel ld,-, fwd R w/ heel ld rising to toe to CP, fwd L on toe);

- 5 - 8 **BK FEATHER; FEATHER FINISH; THREE-STEP; OPEN NATURAL;**  
 [BK FTHR] Rpt meas 3 Part B; [FTHR FIN] rpt meas 4 Part A; [THREE-STEP] rpt meas 5 Part A; [OP NAT] manuv R,-, cont RF trn sd & fwd L DW , cont RF trn bk R DW w/ R shldr ld to BJO DRC (bk L trng RF,-, bk & sd R cont trn, fwd L to BJO);
- 9 -12 **IMPETUS SCP; PROMENADE WEAVE;; CHANGE OF DIRECTION;**  
 [IMP SCP] Bk L, heel trn on L, cl R cont trn, fwd & sd L to SCP DC (fwd R pvtg 1/2 RF,-, cont RF pvt sd & fwd L & brush R to L, fwd R to SCP); [PROM WEV] fwd R,-, fwd L to CP, trng LF sd R to CBJO DRC (fwd L startg LF trn,-, cont trn fwd & sd R to CP, rec L to CBJO); bk L DW, trng LF bk R to CP WALL, cont trn sd L, XRIF to BJO DW (fwd R, fwd L trng LF to CP, sd R, XLIB); [CHG OF DIR]fwd L,-, fwd R & swvl LF on R, draw L to CP DC;
- 13-16 **DIAMOND TURN;;;;**  
 Full LF trn ovr next 2 meas fwd L,-, sd R, bk L to BJO DRC; bk R,-, sd L, fwd R to BJO DRW; rpt meas 13 Part B to BJO DW; rpt meas 14 Part B to DC;

**BRIDGE**

- 1 - 2 **FWD HOVER; BK TURNING HOVER;**  
 [FWD HVR] Rpt meas 3 Intro in BJO DC; [BK TRNG HVR] bk R DRW,-, trng RF bk L (trng RF fwd R bet M's ft), rec R to CP DW;

**ENDING**

- 1 - 2 **FWD HOVER; BK TO A HINGE;**  
 [FWD HVR] Rpt meas 3 Intro CP DC; [BK TO HINGE] bk R,-, bk & sd L lowrg into L knee, trn bdy LF & look at W (fwd L,-, sd & fwd R swvlg LF, XLIB & sit w/ R ft ptd thru to DW head to L);



**Don Williams – the Gentle Giant.**

If anyone ever needed proof that music is an international language, then they need to look no further than Don Williams. Don picks his songs with all the skills of a class winemaker picking grapes – only the best will do, and the vintage results, as fans around the world all know, is just about the best blend of emotions the heart could ask for.

Don William’s music is the stuff of experience. Like a fine wine, as Don has matured then the songs have even deeper emotional resonance. This is a man who has lived life, who knows the depth of feeling and emotion ordinary people are capable of, not only in Texas, but in all the other places where his straightforward simplicity has made its mark – Brazil, Britain, Ireland, Africa, Australia, Finland, Norway and many more.

**YOU'RE MY BEST FRIEND – WOODRUFF – FT IV+2 – 2:43 – DON WILLIAMS**

**INTRO:** CP DLW Wait 2;; Fwd Hover; Back Hover;

**PART A:** Hover To SCP; Feather; Open Reverse Turn; Feather Finish;  
Three-Step; Natural Turn 1/2; Closed Impetus; Feather Finish;  
Telemark To SCP; **Curvd Feather**; Outside Chg To SCP; Chair &  
Slip;

**PART B:** Reverse Turn 1/2; Hover Corte; Back Whisk; Wing;  
Reverse Wave;; Back Feather; Back Three-Step;  
Back Feather; Feather Finish; Three-Step; Open Natural;  
Impetus Scp; Promenade Weave;; Change Of Direction;  
Diamond Turn;;;

**BRIDGE:** Fwd Hover; Back Turning Hover;

**PART A:** Hover To SCP; Feather; Open Reverse Turn; Feather Finish;  
Three-Step; Natural Turn 1/2; Closed Impetus; Feather Finish;  
Telemark To SCP; **Curvd Feather**; Outside Chg To SCP; Chair &  
Slip;

**PART B:** Reverse Turn 1/2; Hover Corte; Back Whisk; Wing;  
Reverse Wave;; Back Feather; Back Three-Step;  
Back Feather; Feather Finish; Three-Step; Open Natural;  
Impetus Scp; Promenade Weave;; Change Of Direction;

**PART B:** Diamond Turn;;;  
Reverse Wave;; Back Feather; Back Three-Step;  
Back Feather; Feather Finish; Three-Step; Open Natural;  
Impetus Scp; Promenade Weave;; Change Of Direction;  
Diamond Turn;;;

**ENDING:** Fwd Hover; Back To **Hinge**;